

Walsall on the Move Priority

Agenda Item 8

15 January 2021

**Work-stream Update** 

## 1. Purpose of the report

To provide an update on the progress to date with regards to the Walsall on the Move priority, aimed at improving physical activity within Walsall Borough and improving health and wellbeing by encouraging a smoke free environment.

This report will feed into the Health and Wellbeing Board.

## 2. Report detail

- 2.1 During 2020 many of the scheduled meetings did not take place due to the COVID pandemic and emergency response. Meetings which took place where on 23 January, 20 August and the last meeting was 17 September 2020.
- 2.1.2 At the January meeting a discussion took place to agree priority outcomes with partners and to identify plans for the long term future.
- 2.1.3 All partners where tasked with detailing their current activity and position by January 2020 under the Headings:
  - Workforce Wellbeing including Travel Plan in the workplace
  - Smoke Free Sites and best practice sharing through the partners
  - Walsall on the Move Physical Activity

## 3. Actions to date

The following has been progressed to date:

- 3.1 Developed a draft Walsall on the Move pledge
- 3.1.1 Set-up a repository for policies
- 3.1.2 It was agreed a joint survey and communications for our colleagues in each workforce be rolled- out, however this has been put on hold.















**NHS Trust** 

- 3.1.3 It was agreed a partnership event for Autumn 2020 which was not progressed
- 3.2 Current position under the following headings:
  - Workforce Wellbeing including Travel Plan in the workplace

All organisations agreed to have a published travel plan however this has been delayed.

Smoke Free Sites and best practice sharing through the partners

All organisations have implemented Smoke Free sites from April 2020.

Walsall on the Move – Physical Activity

During the COVID pandemic and the restrictions with social gathering this impacted on developing and sharing physical events. Whilst July and August local initiatives and group activities have begun againthis was short-lived.

Discussions at the August and September meetings it was suggested that an event be planned for January 2021 such as a '500 mile virtual walk' be organised and that we would build upon this as we progress towards a new normal.

The introduction of the Tier system and then national lockdown has halted progressing this.

## 4. Implications for Partnership Working and Resourcing

There are no current implications for the partnership working arrangements however there will be a need to be mindful of the COVID pandemic, and any further local or national outbreak that would take resources and attention away from the priority in the short to mid-term.

Contact details: Catherine Griffiths – Director of People & Culture – Walsall Healthcare NHS Trust. <u>Catherine.griffiths@walsallhealthcare.nhs.uk</u>

**END** 











