

Health and Wellbeing Board – 19 January 2015

Healthy Weight task and finish group

1. Purpose

It was agreed at the Health and Wellbeing Board that from the 19 priorities identified in the Health and Wellbeing Strategy that the focus would be on 2 key health issues including obesity. A Healthy Weight task and finish group was formed to look at innovative ways to tackle obesity and physical inactivity in Walsall. The purpose of this report is to inform the board of progress made by the Healthy Weight task and finish group.

2. Recommendation

To note the progress made by the Healthy Weight task and finish group.

3. Report detail

The Healthy Weight task and finish group's first meeting took place on the 18th of December 2014. Members of the group included;

- Councillor Arif
- Councillor Robertson
- Councillor Clews (apologies given)
- Dr Askey – Clinical Commissioning Group representative
- Barbara Watt- Interim Director of Public Health
- Susie Gill - Senior Programme Development and Commissioning Manager Weight Management
- Joe Holding- Programme Development and Commissioning Manager (Health and Work)
- Tolley Vikki- Interim Lead Children's healthy weight - Oral Health Coordinator (apologies given)
- Hayley Durnall- Public Health Specialty Registrar
- Janet Catto- Children's Services representative (apologies given)

A brief presentation given by Susie Gill and Joe Holding highlighted local data from the Healthy Weight and Physical Activity Needs Assessment. Some examples of commissioned services by Public Health were also presented and discussed and lastly recommended areas for development were identified.

Following an in depth discussion the following actions were agreed, that 3 themed workshops should take place in the New Year focusing on the following;

- 1) Sustainable Travel/ use of green space for increasing physical activity and improving health and wellbeing
- 2) Schools
- 3) Workplace

The first workshop, sustainable travel/ use of green space for increasing physical activity and improving health and wellbeing has been arranged for the 22nd January with representatives from Planning, Green Spaces, Engineering and Transportation, Walsall Voluntary Action, Canal and River Trust and the Clinical Commissioning Group attending.

The 2 further workshops are being arranged in February with the dates to be confirmed.

Councillor Arif requested a visit to a fast food outlet, namely BOB's Fast food takeaway which has been recognised by the Health Switch Award and has achieved the silver award standard and is working towards Gold. A visit has been arranged for the 20th January.

Lastly Councillor Arif also suggested visiting a Primary School to look at school meals and the dining experience. Public Health is currently looking at a suitable school to visit.

4. Action plan

Progress report for March

Author

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