

Health and Wellbeing Board

10 September 2018

Walsall Children and Young People Mental Health and Wellbeing Strategy and Transformation Plan - Progress

1. Purpose

- 1.1 NHS England requires a 'refresh' of the CYP mental health and wellbeing transformation plan by the 31st October 2018. Walsall CCG are currently completing the refresh and it contains the progress of transformation in Walsall, and our future intentions.
- 1.2 Walsall CAMHs service was the subject of a CQC peer review for CAMHs during September 2017 formal feedback letter is included, (see appendix 3)
- 1.3 This report is an update for the Walsall Health and Wellbeing board about the progress of the strategy and implementation of the transformation plan

2. Recommendations

The Health and Wellbeing Board is invited to:

- **Note** the progress made to date in the implementation of the strategy and transformation plan;
- **Confirm support** for the future intentions to further transform mental health and wellbeing service for children and young people in Walsall.
- Provide feedback or actions to be considered by the Walsall Children and Young People's Mental Health and Wellbeing Strategy and Transformation Plan Implementation Group.

3. Report detail

Progress to date

- 3.1 The eating disorder service is now fully operational and has key performance indicators:
 - CYP referred with an eating disorder needs to be contacted the same day.
 - CYP deemed an urgent case must be seen within one week of referral.
 - CYP deemed a routine case must be seen within four weeks of referral.
 - CAMHS continue to meet 100% compliance with this target

- 3.2** Walsall CAMHS **positive steps** [Tier 2] is a multi-disciplinary team, who work with children and young people who have low level or emerging mental health difficulties. Positive Steps has been fully functional since 1st September 2017. **This service demonstrates how it is now meeting previous unmet need in the field of anxiety, behavior, anger and emotional regulation issues.** The team has expanded to meet demand. Additionally some members of this team are currently part of the C&YP IAPT training. Following the successful completion of this training CAMHS are putting in a sustainability plan to ensure pathways to access the practitioners with this expertise are in place.
- 3.3** CAMHS have joined The Midlands C&YP IAPT collaborative and 6 practitioners from CAMHS have joined the cohort of training for this year at different levels (CBT, family therapy and Evidence Based practitioner – plus supervisors). CAMHS are now looking to continue the work force development with CYP IAPT by sending further members of the team on the training due to commence January 19
- 3.4** The NHSE funded short term waiting list initiative is a success, if a young person were to **present in crisis there would be no waiting time associated with this pathway.** This is supported through a priority assessment slot being made available every day to ensure that the young person's mental health condition does not escalate. There is also the initiative that once a young person is seen for an initial assessment (in CHOICE) if they require further CAMHS intervention the practitioner is identified immediately to attempt to reduce delay and to give family a point of contact. There is also a duty manager available every day to provide advice and consultation to families and professionals.
- 3.5** The Flash service which provides intensive support service for children and young people who are at risk of placement instability due to being placed in a residential setting or who are adopted or fostered. **This service is above and beyond current commissioned service to support children.** Evidence collected to date demonstrates that **demand for the service far outstrips the current capacity.** There is additional intervention offered to LAC children within the core CAMHS team.
- 3.6** Walsall CCG is supporting Black Country wide bids and developments for:
- Improving access to inpatient provision and the local community
 - Support when in crisis,
 - Perinatal mental health support,
 - Health and justice pathway development.
 - Autism and complex mental health needs support including Learning disabilities.
 - Improving access to services
- 3.7** Walsall Psychological Help (WPH) Counselling & Education Service is a British Association for Counselling and Psychotherapy (BACP) accredited service, providing a face to face counseling service for young people in Walsall. Walsall CCG commission 1393 sessions from WPH.

Xenzone via KOOTH.COM provide a national digital service, which continue to be successful with 94% of users returning to the site for support. Performance data is provided quarterly, which enables CAMHS professionals and other partners to better understand local need, and respond proactively.

Both these services will form part of the national plan to increase access for mental health support. There is currently a Black Country wide project led by Julie Kelly to work with access rates.

- 3.8 Following on from recommendations made in the CQC thematic review CAMHS have a dedicated CSE team whose role is to work with a specific cohort of young people. CAMHS have also developed a specific post for vulnerable groups including BME.
- 3.9 CAMHS have developed an engagement strategy which also links in with the principles of CYP-IAPT.

4. Implications for Joint Working arrangements:

- 4.1 The transformation plan supports and reinforces joint working to meet emotional wellbeing and mental health needs for children and young people in Walsall. The transformation plan is 'owned' by all partners and implementing the actions will result in a planned approach to bring about improvement. There is good engagement with public health colleagues who actively participate in both the implementation group and the overarching transformation plan.
- 4.2 The existing multi agency/key stakeholder; 'Children and Young People's Emotional Wellbeing and Mental Health Strategy and Transformation Plan Implementation Group', continues to meet monthly. This group is facilitated by the Commissioner for Children and Young People's Mental Health and Complex Care and Chaired by a GP clinical lead. We are currently looking to increase attendance at this group and the new children's commissioner is making contact with members of the group.
- 4.3 Each partner reports outcomes from the group to appropriate existing boards or committees/groups. In the case of the CCG the progress of the transformation plan actions are reported through Commissioning Committee on a quarterly basis, with any Quality and Safety Concerns being reported to the Quality and Safety Committee. Both Committees are chaired by Lay Members.
- 4.4 The CCG acts on behalf of partners to report progress about the implementation of the transformation plan to Walsall Health and Wellbeing Board.

5. Health and Wellbeing Priorities:

- 5.1 The Walsall Children and Young People's Emotional Wellbeing and Mental Health Transformation Plan will directly contribute to the Joint Health and Wellbeing Strategy (refresh) priority of:

- Ensure mental health services are fit for purpose; also the Marmot objective of:
- Give every child the best start in life.

5.2 The Children and Young People's Emotional Wellbeing and Mental Health Needs Assessment will inform the future Joint Strategic Needs Assessment in relation to children and young people's emotional wellbeing and mental health. The strategy and transformation plan support the delivery of the recommendations identified by the needs assessment. This will be delivered through a five year plan of transformation.

5.3 The Walsall Children and Young People's Emotional Wellbeing and Mental Health Transformation Plan also compliments the Walsall local authority corporate plan 2018-2021 where key outcome indicators link into children who are looked after and placed for the appropriate length of time with the right providers. The role of FLASH team enables more thoughtful planning in relation to this vulnerable group.

Background papers

'Future in Mind; protecting, promoting and improving our children and young people's mental health and wellbeing.' Published by Department of Health and NHS England March 2015, five year forward view for mental health.

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Enclosures:

Appendix 1: Walsall Mental Health & Wellbeing Strategy, Children & Young People 2016-20 refresh: October 2017

Appendix 2: Children & Young People Mental Health and Emotional Wellbeing Transformation Action Plan: Update October 2017

Appendix 3 : Walsall Health and Wellbeing feedback letter