

Healthy weight task and finish working group

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Walsall Council

Slide 1

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BW to chair

aitkena, 23/09/2014

Healthy Weight & Physical Activity in Walsall

- 24% of Reception children are overweight or obese
- 40% of Year 6 children are overweight or obese
- 70% of adults are overweight or obese
- 50% of adults are physically inactive



Healthy Weight T & F Group

- Initial meeting
- Cllr Arif, Cllr Robertson, CCG and Public Health
- Needs Assessment
- 3 areas for development
 - Sustainable travel/ green spaces
 - Schools
 - Workplace



Sustainable Travel/ Green Spaces

- Health Impact Assessment
- Focus on healthy weight/ physical activity
- Goscote Lane Regeneration Corridor
- Phase 2 of WHG housing development

Waters Keep

Informal play



Informal recreation areas



Mounding



Small parks with play provision



Small parks without play provision



Robust play equipment



Walsall Council benches and bins



Schools

- Ofsted inspection
- Redesign Healthy Schools Initiative
- Steering group-PID
- Training for teachers



Workplace

- Exemplar Workplace
- Workplace Wellbeing Charter
- Self Assessment against standards
 - *Leadership and Policy Development, Attendance Management, Mental Health, Health and Safety, Physical Activity, Healthy Eating, Drugs and Alcohol.*



Action Plan

- Increase healthy weight prevalence and physical activity across the borough.
- Implement Workplace Wellbeing Charter.
- Re-design Healthy Schools Initiative to provide schools with a package of tailored support.
- Joint post with Planning to improve the environment.
 - *Health Impact Assessment*



Any questions?



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