

NHS Black Country - Joint Forward Plan 2023-2028 Updated April 2024

## Strategic and Enabling Workstreams Delivery Plans:

- Planned Care (Elective)
- Diagnostics
- Cancer
- Urgent and Emergency Care
- Out of Hospital
- Preventing Ill Health
- Personalisation
- Primary Care
- Maternity and Neonates
- Children and Young People
- Mental Health, Learning Disabilities and Autism
- Long Term Conditions Management
- Workforce

# **Draft for Involvement**

## **Strategic and Enabling Workstreams**

The following sections describe how within the Black Country we will improve the services we provide over the next four years. It is described by the type of service and includes the vision, priority actions and the improvements in health outcomes we expect to achieve.

## **Planned care (Elective)**

Planned care is what we say when we mean a treatment which is planned, things like operations for hips and knees. This area of the plan explains how we will recover from the pandemic and ensure that capacity is there to meet future health needs and to ensure any treatment needs are identified in a timely way. Our aim is for organisations to work together to provide better, faster and safer care for local people. The plan describes how we will do this by:

- Improving access (recovery and restoration), capacity and productivity.
- Improving quality achieve equity and address health inequalities through standardisation of care and the reduction of unwarranted variation.
- System resilience and transformation new models of care, system strategic developments including enhancing workforce recruitment and retention.

We will be exploring the potential for centres of excellence and dedicated sites doing just elective work, to reduce the disruption in emergency care peaks. We hope to be in a position where the Black Country is seen as an exemplar for elective care and is able to support other neighbouring systems with their capacity. The big outcome for local people will be increased capacity for planned care and the introduction of new technologies and approaches.

## **Outcomes to be achieved**

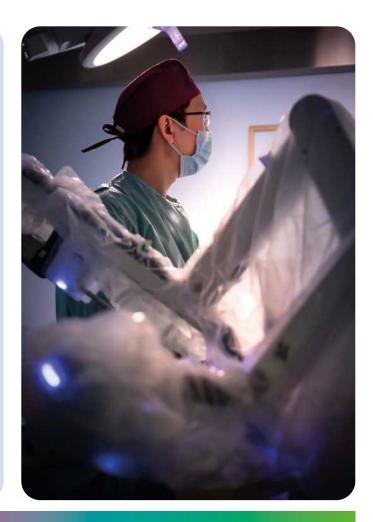
#### For our Patients:

- Improved access, reduced waiting times and timely access to treatment leading to improved clinical outcomes
- Improved choice, personalisation and experience, improved life expectancy

#### For Organisations:

- Improved organisation, productivity and workforce resilience
- New technologies and transformed care, increased capacity and service resilience
- Outpatient transformation (Follow Ups, Patient Initiated Follow Ups, Specialist Advice)

- Greater collaboration and integration, driving system leadership
- System resilience at times of peak/ pressure





Work Programme	To be delivered by:	Yr1	Yr2	Yr3	Yr4	Yr5
Improving Access/Elimina Through improving capacity, mu Patient Initiated Digital Mutual transformation, a shared patien the scale of inclusive initiatives, models and ways of working to	Itual aid, use of Aid System, outpatient t waiting list, and increasing we will implement new	1	1	1	1	<ul> <li>Image: A start of the start of</li></ul>
Improve Capacity and Pro To align and implement plans su First Time (GIRFT), national trans local transformations such as de theatre reconfigurations and a Metropolitan University Hospita pathways and improve producti	ich as Getting It Right sformation initiatives, and dicated elective care hubs, new hospital site (Midland I). We will optimise care	1	1			
<b>System Resilience and Tra</b> Through our transformation act technologies, new workforce me we will achieve greater system r	ivities, use of innovative odels and system leadership			<		
Improving Quality To implement standardised appresent both align practice and support access equity. Centres of Exceller reduce unwarranted variation in outcomes.	the reduction of health nce will be explored to	1	1	1	1	1

Significant improvement made on reducing long waiting times for planned care.

Roll out of the Patient Initiated Digital Mutual Aid System (PIDMAS) which supports those patients waiting over 40+ weeks on a hospital pathway to move to a provider with a shorter waiting time. Through an accreditation process more providers are being added to PIDMAS, therefore expanding choice for patients and reducing waiting times.

## **Diagnostics**

We know that waiting for any health diagnosis, especially cancer, can be an extremely worrying time. Our aim is to provide equitable access to modern, state of the art, high- quality diagnostics, in a timely manner. Diagnostics play a key role within our system recovery and is at the centre of disease and patient pathways, to detect disease as early as possible and accurately guide patients to the right treatments. Currently, diagnostic services are mostly based in hospital settings. We want to increase the capacity, particularly in community locations, to make it even easier to access these essential services.

Our plan includes:

- Recovery and maintenance of waiting times for diagnostic testing to pre-covid levels and meet the diagnostic standards set out for the NHS.
- Equity of testing access across the system and standardisation of pathways to reduce variation and health inequalities.
- Build a resilient, system-wide service for the future that provides value for money through continuous improvement in service delivery, capability and technological implementation.

#### **Outcomes to be achieved**

#### For our Patients:

- Reduced waiting times for patients, reduced uncertainty
- Ensuring equal access for all patients across our system
- Local imaging/ testing, with reporting networks across organisations, improving patient experience

#### For Organisations:

- Shared capacity and management of reporting backlogs to optimise reporting turnaround times
- Staffing consistency and flexibility to provide more opportunities for personal and professional development
- Sharing and levelling of resources (staff and equipment)

- A cohesive, system-wide approach to quality improvement, addressing health inequalities
- Improved sustainability and service resilience
- Standardised system pathways with reduced variation
- Maximised economies of scale in procurement





Work Programme	To be delivered by:	Yr1	Yr2	Yr3	Yr4	Yr5
<b>Optimise Clinical Pathwa</b> Implement best practice timed pelective and cancer services, driv productivity, ensuring safe and	oathways across urgent, ving efficiency and		<			
Reduce Inequalities in Ac Consider physical, cultural and s diverse population health group improve pathways and achieve	ocial needs of different/ os and implement actions to		<			
Implement Community D (CDC) Maximize the capacity of existin staff training; improve health o faster and more accurate diagner waiting lists.	ng facilities, equipment and utcomes through earlier,				1	
<b>Develop and Implement</b> Ensure a system-wide diagnostic to the People Plan. Identify staf inform recruitment actions, par	c workforce strategy aligned f shortages and skills gaps to	<	<	<	<	<b>√</b>
Adopted Technological/D Implement innovative technologinfrastructure to improve care f tests are conducted and analyse	gies and supporting or patients by changing how		<	<	1	<b>√</b>

Increased diagnostic and treatment capacity resulting in reduced waiting times.

Additional investment in scanners (CT and MRI) at one of our Community Diagnostic Centre Sites.



Development of the workforce to address staff shortages and skill gaps.

## Cancer

Our aim is to save lives through improvements in the prevention, detection and treatment of cancer. We will provide compassionate and consistent cancer services with improved support, outcomes and survival for people at risk of and affected by cancer.

The NHS diagnoses and treats thousands of people each year with cancer. Detecting and treating cancer early is important. This area of the plan looks at how we get the right services in place to ensure people can be seen quickly.

The plan covers our work in four key areas:

- Preventing cancer where possible, supporting healthier lifestyles and reducing the existing inequalities in the outcomes for local people.
- Improving screening and detection to enable detection of cancer at earlier stages.
- Improving diagnosis, treatment, care and support to get diagnosis early and improve access through new community diagnostic centres leading to improved outcomes and survival rates.
- Research and innovation is key in the development of new treatments and we will look to increase local participation in trials to develop new technologies.

## Outcomes to be achieved

#### For our Patients:

- Preventing cancer where possible, supporting healthier lifestyles
- Optimal diagnosis, treatment, care and support, leading to improved outcomes and survival rates
- Best possible patient experience, timely access to information
- Faster diagnosis, increase uptake in screening programmes

#### For Organisations:

- Efficiencies through the deployment of innovation
- Best practice pathways informed by cancer research, early deployment of new innovations

- Maximise improvement opportunities through collaborative working, and clinical networks
- Reducing health inequalities



Work Programme	To be delivered by:	Yr1	Yr2	Yr3	Yr4	Yr5
Prevention and Reducing H Working collaboratively we will in and develop improvement plans t inequalities.	nprove cancer prevention	<	1	<b>√</b>	<b>√</b>	1
Screening and Early Detect Achieve improvements in screening enable detection of cancers at ear patient outcomes and survival of o	ig programme uptake to lier stages, to improve	<	<	<	<	✓
Optimal Cancer Diagnosis, Support Monitor outcomes and patient ex our services meet the needs of ou implementing best practice pathw along with innovations such as Co Centres.	perience to ensure r diverse population, vays across our system	1	1	1	1	1
Cancer Research, Collabora Cancer research is a significant par new treatments to improve care; a access and participation in clinical deployment of innovation.	rt in the development of we will achieve enhanced	<	<	<	1	<



## Urgent and emergency care

When you need us most, the local NHS needs to be there to respond. Our aim is to ensure patients have access to high quality urgent and emergency care services in the right place at the right time, delivered by the right person.

Our plan details how our emergency care services will work better to meet the needs of local people today and in the future. This includes:

- Improving processes and standardising the care in our hospital-based emergency services.
- Increasing out of hospital/community pathways to get people seen in the right place.
- Improving the flow through our hospitals, developing improved discharge processes and care for people to step down from hospital services with the support that they need.
- Understanding the reasons for people using emergency services inappropriately, supporting them to access care in the right place.



## **Outcomes to be achieved**

For our Patients:

- Services delivered closer to home
- Shorter waiting times at all points in patient pathway, and improved patient experience
- Reduced emergency admissions
- Personalised Care

#### For Organisations:

- Enhanced triaging and streaming to increase the number of people receiving urgent care in settings outside of the Emergency Department to include Same Day Emergency Care, Urgent Treatment Centres, Urgent Community Response
- Improvements in handover times between the Ambulance Service and Emergency Departments

- Sustainable and resilient urgent and emergency and care model across the system
- Consistency of urgent and emergency care services and pathways across our system

Work Programme	To be delivered by:	Yr1	Yr2	Yr3	Yr4	Yr5
Creating a sustainable hos and Emergency Care Mode To achieve a sustainable emergence fit for the future and meets curren demand, we will improve processe expand Same Day Emergency Care urgent and emergency care/bed ca	cy care model that is nt and future patient es and standardise care, e provision and increase	1	1			
Increasing Utilisation, Capa of Services Provided Outsid Department We will improve utilisation of Urg scale up Virtual Ward provision, de urgent response services, and impo primary care.	de Emergency ent Treatment Centres, evelop mental health	1	1	~		
<b>Development of Step Dow</b> <b>Pathways</b> To continue to work in partnership Services and Place Based Partnersh effective discharge pathways which independence in community setting	o with Out of Hospital hips to deliver h promote a return to	1	1			
Enhancing/Improving Accel Identification and resolution of ba and community services, reducing and inequity, supporting High Inter early help and prevention services	arriers to accessing primary unwarranted variation ensity Service Users, and	<	✓	<		

Patients attending Accident and Emergency are being seen sooner, with Black Country system amongst the top performing in England.

**Investment in our buildings and workforce to improve patient flow.** 

★ Increased availability of Same Day Emergency Care Services.

Supported care home facilities to reduce the number of avoidable 999 calls.

## **Out of hospital/community services**

We recognise that people want to remain as independent as possible, for as long as possible and that they want to have care as close to home as they can. Therefore, supporting people to stay out of hospital where possible but also to return to a home setting after a hospital stay as quickly and safely as we can is important.

Our aim is to transform and build out-of-hospital and community services to deliver a 'home first' philosophy. The plan describes how we will do this by:

- Investing in community services to respond quickly when people are in need and to prevent hospital attendances.
- Recognising and preventing falls as these are a major contributor to hospital stays.
- Developing more capacity for people to receive care in a home setting through remote technology and virtual wards.
- Supporting people in their end-of-life choices and ensuring there is support and care there for people to die in a place of choice with dignity.
- Delivering the ambitions of the Black Country Integrated Care Board (ICB) Dementia Strategy ensuring it aligns to the Palliative and End of Life Strategy.
- Creating a recognised tool to assess and direct individuals to the most appropriate community service across the ICB, providing care closer to home.
- Implementing the National Chief Nurse Officer's Strategy.

## **Outcomes to be achieved**

#### For our Patients:

- Increased independence
- Care Closer to Home
- Equity of services
- Reducing time spent in hospital
- Reduced readmissions to hospital

#### For Organisations:

- Increased efficiency/productivity by improved utilisation/standardisation of out of hospital pathways
- More efficient use of resources (workforce, equipment and estates)

- Collaboration/joint working with wider system partners e.g. Local Authorities, third sector
- Greater integration of pathways/services
- Improved access and health outcomes
- Reduction in health inequalities

Work Programme	To be delivered by:	Yr1	Yr2	Yr3	Yr4	Yr5
Single Triage Model for U Response (UCR) Service To deliver a single integrated mo consistency, removes duplication working.	odel that achieves	<	<b>√</b>			
<b>Recognised Falls Model in</b> To implement a consistent stand approach across the system, min and reducing the demand for un services.	ardised falls management imising risk to patients	<	<			
<b>Continued Development</b> <b>Monitoring and Virtual W</b> The expansion of remote monitor and virtual wards offer across th in partnership with Local Author tech enabled schemes.	<b>/ards</b> pring in care and at home e Black Country, working	1	1	1	1	
Effective Discharge from flow We will discharge to the most ap timely/ effective way to support ensuring flow for patients require with partners and neighbouring	propriate setting in a the best patient outcomes, ring acute care, working	1	1			
Palliative and End of Life Implementation of the Palliative Strategy encompassing adults, ch	and End of Life Care	<	<	<		

Consistently met the national target for 2 hour urgent community response.



Increased the number of patients being managed in the community, through Virtual Wards and use of technology.



Working well with the social care sector to support the community workforce, fostering stronger working relationships and greater collaboration.

## **Preventing ill health**

Preventing ill health is better than treating ill health and our growing and ageing population means that without good prevention we will see an increasing number of people needing NHS care. Our aim is to increase healthy life expectancy so people can live the life that matters to them, preventing illness and improving life expectancy.

Many conditions which can contribute to shorter healthy life expectancy are preventable. While the factors which can lead to these conditions are many and varied, through prevention our aim is to help people improve their own health through targeted support to help reduce alcohol or tobacco dependency, to offer weight management services, and increase access to cancer screening and diabetes prevention programmes. We will develop our prevention capacity and capability across the Integrated Care Partnership, working together to harness our collective assets and embed preventative approaches as a continuum, ensuring health equity is our golden thread.

Our plan includes:

- Supporting people to not smoke and to support those that are tobacco dependent with services to reduce their dependency.
- Supporting people to lose weight and make healthy life choices.
- Supporting people to not drink excessively and to support those that are alcohol dependent with services to reduce their dependency.

#### **Outcomes to be achieved**

For our Patients:

- Improved life expectancy
- Reduced preventable illness
- Reduced morbidity and mortality
- A voice for change, through coproduction

#### For Organisations:

- Improved capacity and capability to accelerate prevention activities
- Reduced dependency on specialist services

- Improved health outcomes, reduced health inequalities
- Reduced demand on health and social care services



Ongoing support from pharmacies to stop smoking



Work Programme To be delivered by:	Yr1	Yr2	Yr3	Yr4	Yr5
<b>Tobacco Dependence</b> To complete the establishment of Tobacco Dependence Services across all inpatient and maternity services. We will identify opportunities to improve pathways and support in the community and primary care. An assurance cycle will be established to enable targeted support, along with an evaluation.	1				
Healthy Weight To further embed the Tier 2 programme through training and awareness across sectors, with targeted support where needed. Performance monitoring will continue with analysis of the 'obesity burden profile'. A review of services is being undertaken, taking into account new guidance.	1	1			
Alcohol Dependence To evaluate the Alcohol Care Teams established in each hospital to inform future decision making and test the early intervention and targeted prevention pilot. A clinical audit will be undertaken during 2024/2025.	1	1			

The Tobacco Dependency Programme has been rolled out to the majority of providers, supporting patients in hospital (and maternity services) to access tobacco dependence treatment, thus improving the health and wellbeing of the person smoking and their family.



Alcohol care teams have been fully mobilised across the Black Country. Alcohol care teams provide specialist expertise, early intervention and access to treatment for alcohol dependent patients.

## Personalisation

Personalisation is about giving power back to people – focusing on placing the individual at the centre of their care, reinforcing that the individual is best placed to know what they need and how those needs can be best met. It is one of the changes to the NHS set out in the Long Term Plan and represents a change of relationship between people, professionals and the health and care system – designed to have a positive shift in the decision-making process, enabling people to have choice and control over the way their care is planned and delivered.

Locally, we will increase personalised care planning with:

- Increased availability of personal health budgets.
- More shared decision making (SDM) training to ensure people are supported to understand the options available and can make decisions about their preferred course of action.
- More conversations about what matters to local people rather than conversations about what is the matter with them. This will be done through care planning approaches, education and awareness.
- Supporting more patient choice, ensuring that quality information is available to patients, that choice is proactively extended, and principles built into models of care and care pathways.
- Expanding social prescribing to be available to all communities including children and young people.

#### **Shared Decision Making**

Shared decision making (SDM) refers to a point in a pathway where a decision needs to be made, people are supported to understand the options available and can make decisions about their preferred course of action.

Our plans include delivering SDM training across our workforce, embedding SDM foundations in all pathways, a public awareness campaign and the development of decision support tools.

**Enabling Choice, including legal rights to choose** Enabling choice concerns the legal right to choice of provider in respect of first outpatient appointment and suitable alternative provider if people are not able to access services within waiting time standards.

Our plans include ensuring that quality information is available to patients, that choice is proactively offered and principles built into models of care and care pathways.

#### Support Self-Management

This is the way that health and care services encourage, support and empower people to manage their ongoing physical and mental health conditions themselves.

**Our plans include** developing primary based selfmanagement education, rolling out health coaching and workforce training with a focus on prevention and self-management approaches.

#### Personalised Care and Support Planning

Proactive and personalised care and support planning focuses on the clinical and wider health and wellbeing needs of the individual. Conversations should focus on what matters to the individual.

Our plans include establishing care plans and care coordinators across a range of services, embedding Compassionate Communities approach, and expanding roles in primary care to support care planning.

#### **Social Prescribing and Community Based Support**

Social prescribing is an approach that connects people to activities, groups, and services in their community to meet the practical, social and emotional needs that affect their health and wellbeing.

Our plans include expanding the service to all communities including children and young people, workforce training and development including peer support, and building in creative cultural health opportunities.

#### **Personal Health Budgets**

A personal health budget (PHB) supports creation of an individually agreed personalised care and support plan that offers people choice and flexibility over how their assessed health and wellbeing needs are met.

Our plans include widening the availability of PHB linked to population health need, further develop the finance and clinical governance framework to support extension, pilot integrated health and care budgets.



The personalisation agenda is a cross cutting theme and examples of key achievements delivered are set across other Strategic, Place and enabling workstreams.

## **Primary care**

Improving access to high quality care from GPs, dentists, opticians, and pharmacists is something which local people raise with us regularly. Our aim is to implement a transformed primary care operating model that delivers equitable access to high quality care that is safe, integrated, consistent and person-centred. The plan describes the work underway to:

- Develop more joint working in primary care to support the services to be future fit.
- Support workforce growth, retention, and recruitment.
- Maximise opportunities to develop better premises.
- Implement new solutions to improve access, including new technologies.

#### **Outcomes to be achieved**

#### For our Patients:

- Increased primary care appointments, improved access, reduced waiting time and increased dental activity
- Increased patient satisfaction and experience
- Increased digital functionality, including telephony

#### For Organisations/ Our System:

- Grow our workforce, expansion of new roles
- Implementation of Fuller recommendations
- Delivery of our delegated responsibilities (GP and Pharmacy, Optometry and Dental Services)
- Optimised estates and communications
- Establishment of integrated ways of working and delivery of the Primary Care Collaborative Transformation Programme

Improved access through a variety of ways including delivering additional appointments.



Launch of 'Pharmacy First' that enables pharmacists to assess and treat minor conditions without the need to see a GP.



Improvements to GP websites making them accessible and user friendly, including better access through the use of digital tools such as online consultations and NHS App.



Improved dental access including providing tailored support to migrant and refugee groups.



Secured more urgent access dental appointments and invested in Oral Health Improvement Schemes.

Work Programme	To be delivered by:	Yr1	Yr2	Yr3	Yr4	Yr5
<b>Development/Embedding of</b> <b>Collaborative</b> Establish the governance, clinical le required infrastructure to deliver of	eadership and the		1			
Establish/Develop The Prim and Transformation Unit (P Delivery Vehicle) Establish new ways of working, de development and work programm Long Term Condition and unwarra	rimary Care liver organisational e focussing on access,			1		
Primary Care Collaborative Work Programme (Future C Undertake strategic development a transformation programme.	Operating Model)					<b>√</b>
Improving General Medical Access Support PCNs to implement practic improve patient access and experie	e-based solutions to	<b>√</b>				
Primary Care Network (PCN Programme Reconfiguration of vacant space, m systems, and deliver the Estates Str	naximise e-booking					<b>√</b>
<b>PCN Development Program</b> Support PCNs to 'maturity' and em programme reflecting the Fuller re	bed the development			<		
Increasing Dental Access Pr Develop a dental strategy and deli in line with the national recovery p audit to inform the strategy with a improving access.	ver improvement plans plan, use of health equity					<b>√</b>
ICS Primary and Community Contract/System Workforce Programme Embed workforce planning, focus the resources to deliver the improve	on retention and secure		✓			

## **Maternity and neonatal**

Making it safer than ever to have a baby is an area of focus for us. Supporting mothers, babies and families during pregnancy and birth is so important. Our aim is to deliver high-quality maternity and neonatal services across the Black Country, through co-production with women, which will be safe, personalised, and equitable to ensure every woman and baby receives the best possible care.

We have developed strategic priorities which are:

- Monitoring the quality of perinatal and postnatal (the period before and after birth) services to ensure they are of the highest standard.
- Improved continuity of care, and experience for mothers, families, and babies.
- A focus on workforce to create new roles, share recruitment and allow our staff to work across organisational boundaries.
- Reduced perinatal mortality and morbidity, and improved access to specialist care when needed.
- Implementation of the action plan to address improved health inequalities and accelerate work to support those mothers and babies at greatest risk of poor health outcomes.

## **Outcomes to be achieved**

#### For our Patients:

- Improved safety and outcomes for women and their families
- Improved continuity of care, and experience
- Lower rates of morbidity/mortality

#### For Organisations:

- Improved monitoring and assurance of safety
- Strengthened workforce resilience, and succession planning

- System leadership, supported by Maternity and Neonatal Voices Partnership
- Collaboration and peer review/ learning
- Reduced health inequalities





Work Programme	To be delivered by:	Yr1	Yr2	Yr3	Yr4	Yr5
<b>Perinatal Quality Surveilla</b> To enhance the existing model a process will be implemented, inc achieve assurance of quality and Saving Babies Lives Care Bundle	robust quality assurance luded peer review to safety, and delivery of	<b>√</b>				
Workforce To further build on our progress, workforce strategy focusing on c for cross boundary working, new and succession planning.	onsolidating recruitment			<		
Maternity Continuity of C To implement our five-year trans our model reflects the needs of c on choice of place of birth rather	formation plan, ensuring our population and focuses					<
<b>Reduce Perinatal Mortalit</b> Work collaboratively to identify to improve outcomes and reduce Improving access to specialist car	improvement actions health inequalities.			<		
Perinatal Equity and Equa Action Plan Through our dedicated Equality, leads we will implement our acti accelerate work to support those health outcomes.	Diversion and Inclusion on plan, ensuring we					1



Significant progress made towards delivering 'Saving Babies Lives' care bundle, with investment in our workforce including the appointment of LMNS Pre-Term Birth Lead to support our ambition to reduce infant mortality.

## Children and young people

Our aim is that every child gets the right help, at the right time, by the right service, to ensure they meet their full potential. We want Black Country people to have the best start in life and we will be developing a separate strategy to give this the focus that it needs. Recognising that over half of our children and young people are within the 20% most deprived communities nationally, our strategy will ensure the needs of all children and young people across our diverse communities are met.

Partnerships are vital for us to achieve our aim as we initially focus on the areas of:

- Developing transformative care pathways for asthma, epilepsy, diabetes, and obesity.
- Work with partners in education, mental health, safeguarding to ensure that, no matter how complex, our children's needs are met.
- Hear the voices of children as we plan and deliver their care.
- Use the Core20Plus5 framework for children to drive improvement and reduce inequalities.

## **Outcomes to be achieved**

#### For our Patients:

- Increased ability to self-manage Long Term Condition and increased quality of life years
- Co-production and ability to inform, challenge and embed service improvements
- Clear service pathways for patients

#### For Organisations and the System

- Developed joint commissioning, improved service efficiency and effectiveness
- Increased understanding of the needs of children and young people (CYP) across the system, embedding all age commissioning
- Improved health outcomes for our most vulnerable including Children in Care, Special Educational Needs and Disabilities, most deprived etc
- Development of an integrated specification for CYP, evidencing good partnership working and shared outcomes



Work Programme	To be delivered by:	Yr1	Yr2	Yr3	Yr4	Yr5
Implement the Children (CYP) Transformation P An assessment will be underta the programme and an action all standards/deliverables are place and transition guideline diabetes, and obesity.	rogramme aken against all elements of plan developed to ensure	1	1	1	<b>√</b>	<b>√</b>
<b>Establish CYP Joint Con</b> Working collaboratively with a joint commissioning plan th and supports them to achieve including SEND, mental and p and CYP with complex needs.	partners we will develop at meets the needs of CYP their full potential, this will	1	1	1	1	<b>√</b>
Implement CYP Voices I To ensure the voices of CYP ar development, review and deli produce and embed this mode	e heard during the very of services, we will co-	1	1	<		
Tackling Health Inequal Using the national CYP Core2 drive improvement action acr diabetes, epilepsy, oral health	0PLUS5 framework we will oss CYP services; asthma,	1	1	1		

New NHS website providing a range of health advice for every stage, from pregnancy and birth through to nursery, school and beyond.

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New Black Country CYP Diabetes Network with a focus on rolling out of hybrid closed loop technology to all children and young people with Type 1 diabetes by 2029 and Epilepsy Network who have undertaken an in-depth consultation with 12-18 years with lived experience of epilepsy.



11 schools across the Black Country have achieved the asthma friendly school status, and a story book and lesson plans for Key Stage 2 have been developed for asthma and clean air.

## Mental health, learning disabilities and autism

Creating a Black Country where people with mental health, learning disabilities and or autism have more say over their care and supporting them to live well in their communities is key. Services to support people to live in the community, get support in a crisis, and be there when they need information and guidance is important. Our aim is to ensure our citizens have access to services that are of outstanding quality, and that support people to live their best lives as part of their local community. We will do this through:

- A review of children and young people's mental health services.
- More community connected services to give people more choice and control.
- Services in place to ensure that people who find themselves accessing urgent care services have fair and equitable treatment for their physical and mental health needs.
- Reduce out of area hospital placements.
- Focus on prevention, timely diagnosis and personalised care and support for those with dementia and their families and creation of an all-age Black Country suicide prevention strategy with partners.



#### Outcomes to be achieved For our Patients:

## Accessible and equitable service provision, exceptional experience of care for all

- Increased mental wellbeing and earlier intervention, Increased support in the community,
- Support our Children and Young People to thrive and Suicide prevention

#### For Organisations:

• Better understanding of population health and wellbeing, greater connectivity to local communities

• Improved use of resources across the system, improved workforce resilience and wellbeing For our System:

• Parity of esteem between physical and mental health, successful achievement of national ambitions for MH and LDA, benefit from economies of scale and specialism

Work Programme	To be delivered by:	Yr1	Yr2	Yr3	Yr4	Yr5
Children and Young Peop (MH) Services To achieve a shared and coheren to drive forward our transforma a full review across a number of of pathways, and expansion of s	nt vision across our system, tion programme; including service elements, alignment				1	
<b>Community Mental Healt</b> Implement our new integrated r modernise services and workford care aligned with Primary Care N greater choice and control over	nodel of CMHS to ce models, delivering holistic letworks, giving people		✓			
greater choice and control over their care. Urgent and Emergency Care Mental Health Services To ensure that people with MH needs who find themselves accessing urgent and emergency care services have a fair/ equitable service, recognising both their physical and MH needs; through an assessment hub outside of Accident and Emergency (A&E) environment, a drug and alcohol strategy, High Intensity User support, bed strategy to maintain the low levels of Out of Area Placements.			<b>√</b>			
<b>Dementia</b> Improve the lives of people with prevention, timely diagnosis, cris care and family/carer support.	-			<		
<b>Learning Disabilities and</b> Reduce the reliance on inpatient learning disabilities and address in autism care.	care for people with		<			
Suicide Prevention Collaborative working to develo Suicide Prevention Strategy and actions including education and community response model and	implement associated awareness, urgent			<		

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Additional resources invested in Mental Health Bed Management to prevent Out of Area Placements and provide crisis beds for those with complex emotional needs. In the Black Country the number of patients placed Out of Area are currently at the lowest levels in the country, supporting patients to remain in their local communities.



Transformed community services to support people with severe mental illness to be cared for in the community.

## Long-term conditions management

Locally we have high levels of deprivation, and this can mean that some people struggle to access healthcare to diagnose and manage their long-term conditions. Long-term conditions such as diabetes and cardio-vascular disease (CVD), are amongst the top five causes of early death for local people.

Our aim is to ensure we reduce the prevalence of people with long term conditions in our population, and that we support those people living with long term conditions to live longer and happier lives through effective processes of prevention, detection, and treatment.

Our plan is to:

- Prevent treatable conditions, through effective prevention programmes.
- Ensure patients continue to receive services post COVID-19 to help them to recover.
- Engage patients to improve their understanding of their condition and how to manage it.
- Support patients to manage their condition effectively, through self-care and use of digital technologies.
- Integrate pathways to manage care in primary and community settings and avoid conditions getting worse or having an urgent need for health intervention (exacerbation).
- Support the delivery of local health inequalities initiatives based upon the Core20PLUS5 framework.

#### Outcomes to be achieved

#### For our Patients:

- Earlier diagnosis
- Reduced preventable illness
- Improved life expectancy
- Reduced mortality
- Patient empowerment, increased patient led condition management

#### For Organisations:

- Reduced pressure on urgent and emergency care
- More effective utilisation of capacity/resources
- Better use of technologies

#### For our System:

- Improved health outcomes, reduced health inequalities
- Collaboration/joint working with wider system partners e.g. Local Authorities, third sector
- Greater integration of pathways/services
- Leadership through Clinical Learning Networks

Roll out of 'T2Day: Type 2 Diabetes in the Young', where patients benefit from extra one-to-one reviews as well as the option of new medicines and treatments where indicated, to help better manage their diabetes. The NHS is the first health system in the world to put in place a national, targeted programme for this highrisk group of people.

Work Programme	To be delivered by:	Yr1	Yr2	Yr3	Yr4	Yr5
<b>Diabetes</b> Delivery of prevention, detection a programmes relating to structured National Diabetes Prevention Prog Diet, Extended Continuous Glucose Disciplinary Footcare Teams. New g considered.	education programme, ramme, Low Calorie Monitoring, Multi-	1	1	1	1	1
<b>Post COVID-19 Services</b> Ensuring patients continue to recercive COVID-19 services in a timely manner	•	<	<			
<b>Cardiovascular Disease (CV</b> Delivery of initiatives to improve e management of CVD including hyp Blood Pressure at Home Service, de Improvement Programme.	arly detection and pertension case finding,	<b>√</b>	<b>√</b>	<b>√</b>	✓	<b>√</b>
<b>Respiratory</b> Development and delivery of pulm five-year plan including development expansion of remote monitoring pulse health check programmes.	ent of spirometry services,	<	<	✓	✓	<

## Workforce

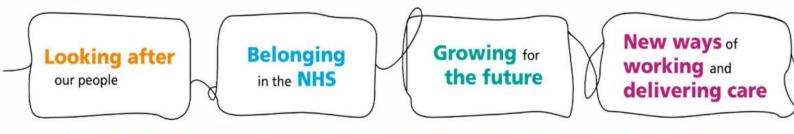
We know that a key enabler for the successful delivery of our Joint Forward Plan is our workforce. Currently there are approximately 60,000 colleagues working across health and social care in the Black Country, each providing a unique contribution to the delivery of care to our community. We know that for us to thrive we need to look after our workforce and become a place where people want to work. As a health and care system we know that as 'one workforce' we are better and that we need to develop the right culture and infrastructure for the Black Country to be the best place to work.

We hope to do this through creating psychologically safe and supportive environments, where all our diverse colleagues feel they belong and we can provide the architecture for developing a workforce that is sustainable for the future. The NHS England Long Term Workforce Plan is a key document that will act as a framework for supporting and developing our workforce.

We will:

- Focus on retaining our people and supporting them to be the best they can be, which in turn optimises our resources.
- Create an inclusive talent management approach.
- Publish a Black Country Health and Wellbeing Strategy along with our refreshed People Plan 2023-2028 that describes the priorities, actions, and impact to make the Black Country the best place to work.
- Work collaboratively to coordinate a workforce development plan that articulates our approach to workforce planning, education and training.

We pledge to our health and care workforce to support them in continuing to deliver excellent care, whilst promising to enhance their working experience. We will lead with compassion and create a culture of inclusivity and openness, with the health and wellbeing of our workforce at the heart of all we do. We will work together to create an environment free from discrimination; providing a sense of belonging to our diverse colleagues.





Continued focus on training, recruitment and staff retention.

Offering a package of support to all our staff, including emotional wellbeing, physical health, and financial support, for example.

Invested in leadership programmes to grow a more diverse staff group and ensure our future leaders are representative of the community we serve; for example, our Next Generation Senior Leadership Programme.



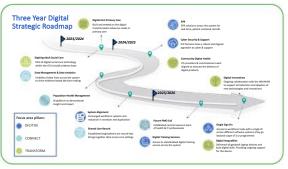
Recruitment of 29 International Radiographers who will support across hospital sites, addressing workforce challenges and improving diagnostic capacity for our patients.

## Digital

Digital is a key enabler to successfully deliver the Joint Forward Plan strategic priorities. Digital innovation gives us an opportunity to improve patient care and increase efficiency, whilst supporting the wider strategic aims and objectives of the system.

Whilst the COVID-19 pandemic provided an opportunity to accelerate the implementation of digital solutions to provide care, in some cases, this unfortunately led to an increase of digital exclusion within some patient groups. It is our duty to ensure that we do not inadvertently increase digital exclusion through the implementation of technologies and we must ensure that we seek to reduce existing inequalities by working collaboratively with our system partners and local communities.

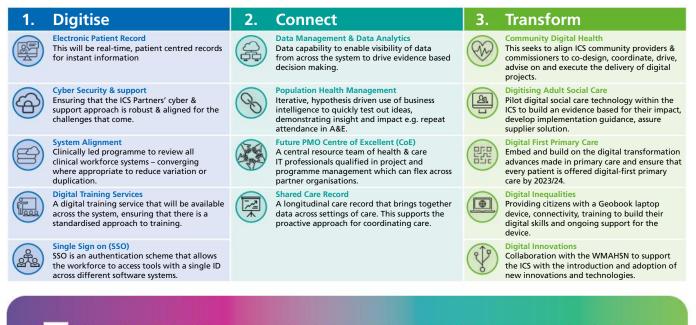
Digital strategic roadmap identifying key activities that will be achieved over the next three years.



The diagram below provides an overview of the current Digital work programme that will support delivery of the ICS Digital Strategy.

Our ambition for a digitally enabled Black Country NHS is to coordinate a system wide digital programme, ensuring our staff members and partners have access to the digital facilities to not only achieve our strategic priorities but do so in a way in which addresses digital inequalities, maximises innovation in both the organisation and delivery of care, and provides our workforce with an efficient working environment.

A Digital Roadmap has been developed with key milestones for delivery of the ICS Digital Strategy, the diagram below provides an overview of the three-year digital roadmap.



Shortlisted for HSJ Awards – Black Country Connected Programme; including Best Consultancy Partnership with the NHS, Most Impactful Project Addressing Health Inequalities, Social Value Initiative of the Year and Best Community Services with the NHS.



Increased participation in One Health and Care, our system wide patient shared care record.

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Rollout of Digital Social Care Record across Adult Social Care (ASC) Providers.