



Walsall Health and Wellbeing Board 19th September 2023

Reference:	Agenda item no:		Action ref (if any):		Enclosure no:	
Title of report:	Update of the Black Country Mental Health and Emotional Wellbeing Strategy for Children and Young People					
Author:	Mags Courts (Head of CAMHS Commissioning) Sarah Hogan (Deputy Director of Children, Young People and Families) Black Country Healthcare NHS Foundation Trust					
Presenter:	Sarah Hogan					

Purpose of the paper:	This paper is presented to: (tick one) <input type="checkbox"/> Approve: To formally receive and discuss the report and approve its recommendations or decide on a particular course of action. <input checked="" type="checkbox"/> Receive: To receive and discuss, in depth, noting the implications without formally approving it. <input type="checkbox"/> For information: To note the report for the intelligence without in-depth discussion.
------------------------------	--

Summary of key issues:	<ol style="list-style-type: none">1. Ensuring the right people are available to input into the strategy discussions as well as the Walsall CYP Emotional Mental Health and Wellbeing Partnership Board to engage and represent their services in terms of young people's emotional mental health and wellbeing to develop a clear system and understand where services are available for young people.
-------------------------------	--

Identified key risks (summary risk only)	<ol style="list-style-type: none">1. Embedding the Thrive model across the system will ensure that the right support is available for young people at the right place as they need it.
---	--





--	--

Introduction:

Black Country Healthcare NHS Trust is the Lead Provider for Mental Health (MH), Learning Disability and Autism (LDA) Services in the Black Country as of 1st of July 2022. One of the anticipated benefits of having a Lead Provider approach for MH/LDA was the ability to bring together a clear system wide strategy for the mental health and emotional wellbeing of Children and Young People across the Black Country.

A draft Black Country wide Mental Health and Emotional Wellbeing Strategy for Children and Young People has now been developed to articulate our vision for the Black Country to be a place where children and young people thrive and have the capacity to develop both physical and emotional resilience. The Trust is committed to ensuring that the final strategy supports joint working and drives change to improve outcomes across the system, in partnership with our local authorities, childrens trust, voluntary sector partners and communities. Our ambition is that we have one system, working together to provide equitable and responsive emotional mental health and well-being services across the Black Country, accommodating the individualised needs of children, young people and families across the area.

Our vision for young people is that they will:

- Enjoy a happy and fulfilling childhood.
- Be resilient and manage their emotional health and wellbeing in their family, school, and community.
- Ensure access to the most appropriate range of services for our most vulnerable children and young people.

To enable us to achieve our vision, evidence-based services will be commissioned, which are evidence-based and will be designed to:

- Promote resilience, prevention, and early intervention.
- Improve access to effective support.
- Improve specialist early help and Intervention for the most vulnerable

Background:

Discussion has taken place with many stakeholders, including children and young people themselves, as part of specific groups eg. LGBTQ+ groups, children in care and care leaver groups as well as local authority colleagues and education partners to discuss what is required in



services and from a strategy. We have also run a Black Country wide 'co-lab' engagement event during the summer months to consider what is required from the strategy, how we can develop this effectively across the system, and what good looks like. Further engagement is planned on 19th September at the Black Country Children and Young People Partnership Event which will add to the formulation of the strategy including the governance of it.

What were the key achievements for the first year of the Lead Provider:

- Managing all contracts for emotional mental health and wellbeing services across the Black Country
- Initial Co-Lab engagement event has occurred which was focused on CYP MH which supported excellent discussion about strategy and thrive model.
- Developing relationships with the local professional football to support the Mental Health Support Teams in Schools to have access to venues during the summer holidays when schools are closed. We have also supported the workforce of the Football Club Foundation to have Mental Health First Aid for Youth Training.
- Working with Barnardos to provide keyworker roles within the 4 Acute trusts to support C&YP who present at acute hospitals following an incident of self-harm or due to concerns around their mental health or being physically compromised due to an eating disorder.
- Funding secured from NHSE for training opportunities to upskill staff in our voluntary sector organisations who support young people with emotional mental health and wellbeing needs.
- Admission avoidance / Early Discharge project being undertaken with Flame Lily for CYP who are a part of the Eating Disorders Team to provide wrap-around care in the community utilising both MDT and care provider to offer intensive home treatment.
- Funding acquired from NHSE to support working with Wysa to develop a new digital offer.
- Working with all Local Authorities to support Children and Young People in Care who require specialist therapeutic interventions, to identify needs, provide funding and ensure that the placement is providing evidence based interventions.
- Working with Midland Young Advisors to develop a Black Country wide participation strategy and understand what our young people think is appropriate to incentivize to participate.

Looking Ahead:

- Continuing the development of the connectivity between the MH services and local community asset bases
- Development of Single Point of Access in Walsall which will support our understanding of children and young people's needs in these areas.
- Supporting the Needs Led Assessments that are taking place across the Black Country in each place.



- Using the work undertaken by Cordis Bright for the system analysis to support further development of services for our underserved communities.
- Providing training opportunities through a range of providers for all of our commissioned and non-commissioned services across the Black Country to upskill to support young people with emotional mental health and wellbeing needs.
- Training needs analysis to be undertaken for all services across the Black Country to identify what training needs are required to meet the needs of our young people
- Development of digital offer from Wysa as a pilot.
- Embedding the I Thrive model across the patch with clear understanding of offers across the Black Country and gaps that exist to get to a place of common language.
- Development of a vision and strategy for CYP in the Black Country for emotional mental health and wellbeing needs which is co-produced with young people and their families and stakeholders.
- Identifying which projects are improving health inequalities and allowing services to reach more of our underserved communities which we should continue funding based on impact.
- Considering/developing joint commissioning opportunities with Local Authorities around emotional mental health and wellbeing needs.
- Using the information from the Project undertaken by Midlands Young Advisors to support our co-production of all work with children and young people.
- Coordinating a programme of work across agencies to review current CYP ASC diagnostic pathways across the Black Country and work collaboratively with all stakeholders, to make proposals for improvement.
- Working with parents and carers as part of the diagnostic pathway for ASC work to understand their experiences of navigating the pathway.
- Stakeholder sessions to be booked with social care team to ensure that we are co-producing the offer for children in care from specialist mental health services.
- Developing clear terms of references for the Walsall CYP Emotional Mental Health and Wellbeing Partnership Group to inform who attends and their roles as part of their involvement.

Actions:

1. Continue to meet with a range of stakeholders to finalise the development of the CYP mental health and emotional wellbeing strategy for the Black Country.
2. Understand the outputs from the Walsall Needs Led Assessment for Emotional Mental Health and Wellbeing for CYP to understand what the needs of the young people in Walsall are and what support is required to meet these needs.
3. Stakeholder sessions to be put in place to look at the Needs Led Assessment and understand what the Emotional Mental Health and Wellbeing Strategy for Walsall should contain.



