

**Social Care and Inclusion
Scrutiny and Performance Panel
7 October 2010**

**Report on ReThink Day Opportunities and Redesign for
Adults with Mental Health Problems**

Portfolio:	Councillor McCracken
Service:	Joint Commissioning Unit
Wards:	All Wards
Key decision:	For information
Forward plan:	N/A

1. Summary of report

This report has been drafted at the request of scrutiny to update on the progress in transforming Mental Health Community Adult Day Care with ReThink at the sites known as the Archway Centre and Schoolhouse. The initiative was borne from a requirement to both modernise and to make efficiency savings in 2010/11.

2. Recommendations

2.1 Scrutiny are requested to note that full consultation and involvement of the provider and the service users has been consistent in transforming this community resource.

2.2 That the Council and PCT have fully complied with user involvement requirements and have worked proactively in ensuring a service is provided to people with mental health problems in the community in an ever shrinking economy

3. Background information

3.1 ReThink have been in receipt of block funding via contracts from both NHS Walsall and Walsall Council to provide adult mental health day care since 2005. During this period alternative community resources have also been developed such as Assertive Outreach Teams or the Crisis Resolution and Home Treatments Team, which all have a remit to provide care and support in the community and avoid unnecessary hospital admissions. The function of adult mental health day care has not developed alongside these services. They have remained largely unchanged in providing traditional building based support and daytime activity, and thus not promoting the rehabilitation element that will enable users to progress in the recovery model of mental health. As a result some people have been attending the services for some years and

become dependent upon them, showing little progression to the point where they no longer need the service. Commissioners have been working with ReThink and the service users to transform the services so that they will provide a limited drop in facility and outreach support to individuals and to groups utilising the Recovery Star Model. The aim is to ensure that service users do not become dependent upon the service for a long period of time.

4. Resource considerations

4.1 Financial:

The total contract value for the Rethink Services in 2009/10 was £210,629, with a target efficiency saving of £50k in 2010/11 and a further £50k in 2011/12. Contributions of £32,450 per annum are also made by NHS Walsall toward this contract and at present are forecasted to continue.

Therefore there will be a total of £148,635 to continue to provide the service.

This gave the service, the users and the commissioners the opportunity to consider moving from a building based model to a community based model, moving toward a more modern day opportunity rather than remain with traditional day care

4.2 Legal:

JCU and Procurement Officers will work with the Commercial legal team to Develop:

- a JCU contract and service specification
- Processes to award a contract where to tender is not beneficial for the JCU and/or services users/providers
- Processes to ensure the sector review approach does not compromise the Integrity or legal obligations of either the Council or NHS Walsall.

4.3 Staffing:

There are no staffing implications placed upon the Council or NHS Walsall

5. Citizen impact

To transform this service into the community based outreach will enable this provider to provide a service to more people both on a one to one basis if required and also in groups in a choice of venues that users wish. This will also promote the recovery model thus ensuring people move through the system into independence or independence with support therefore realising this resource to be accessed by new users who will benefit from this provision.

6. Community safety

Issuing a new JCU contract to this service provider will demonstrate the commitment of the Council and NHS Health to working in partnership and investing in preventative

outcome focused services. Over the three years period the JCU will continue to provide services for a range of vulnerable (including non traditional) client groups and continue to monitor the benefits that this new provision will realise.

7. Environmental impact

There are no environmental issues arising from this report

8. Performance and risk management issues

8.1 Risk:

Risks will be mitigated by involvement of the relevant community teams who maintain contact with those people who are at most risk or who receive home treatments. The Crisis resolution and Home Treatments teams also provide the gate keeping function for admittance to acute hospital therefore it is the best interest of the user to maintain that level of contact.

8.2 Performance management:

Through the development of a robust contract management framework used across all services commissioned by the JCU, officers will ensure maximum opportunity to proactively manage performance and manage a risk based approach.

9. Equality implications

There will be a requirement of the new joint contract that all service providers delivering services commissioned by the JCU will complete an Equality Impact Assessment and will be monitored through the development of a Contract Management Framework.

10. Consultation

Consultation commenced early in April 2010 in partnership with ReThink and prior to this ReThink had held consultations from the provider perspective

Dates below

Archway

26.04.10 - Centre Meeting (recruitment to vacant posts was raised by members, we replied we were awaiting important information regarding funding from commissioners and envisaged we would be in a position to feed back at a meeting on or around 12th May).

12.05.10 - Meeting at Schoolhouse with Rethink staff, Walsall commissioners and service users from Archway & Schoolhouse regarding future of Rethink services in Walsall (written invitations were sent out to all service users).

21.05.10 - Meeting at Archway with Archway service users and staff to follow up on meeting of 12.05.10 (written invitations sent out to all Archway service users).

12.07.10 - Centre Meeting - Staff gauged interest from service users interested in being part of Working Party for developing Rethink services.

02.08.10 - Centre Meeting (members raised questions about changes to service, discussed Working Party).

19.08.10 - Centre Meeting (members asked questions about service changes, clarification, service users from Walsall SUE came to meeting)

01.09.10 - Centre Meeting (discussed next phase of changes, i.e. reduction in drop-in days, posters and timetable displayed in service).

Schoolhouse

12.05.10 - As above for Archway

24.05.10 - Meeting at Schoolhouse with Schoolhouse service users and staff to follow up on meeting of 12.05.10 (written invitations sent out to all service users)

03.06.10 - Working Party discussed in centre meeting.

24.08.10 - Centre Meeting - some discussion about service changing, members informed that we would feed back re further changes to the service via a meeting on 02.09.10.

02.09.10 - Meeting at Schoolhouse re next phase of changes.

16.09.10 - Centre Meeting (changes to service delivery raised by members and discussed).

Service users are currently engaged in helping to design alternative models of service where required. Walsall SPEak/Walsall SUE are involved in awareness sessions and exploring support planning for service users and this will be continuing during September and beyond.

Currently Walsal SPEak have consulted with around 25 service users and have completed support plans with some service users and are encouraging others to partake in developing their own support plans.

Background papers

There are no background papers with this report

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