

**Social Care and Health
Overview and Scrutiny Committee**

**Agenda
Item No.**

12th September 2019.

7

Spotlight on Adult Mental Health

Ward(s) All

Health and Wellbeing - Councillor M. Longhi
Adult Social Care - Councillor R. Martin

Report:

In response to a request from the Committee a presentation will be provided by Dudley and Walsall Mental Health Trust and Walsall CCG on the commissioned adult mental health services in Walsall.

A copy of the presentation is attached at appendix one to this report.

Recommendations:

That:

- 1. Members note the presentation and identify any further areas of scrutiny;**
- 2. An area of focus for the scrutiny 'Mental Health Working Group' is identified.**

Spotlight on adult mental health

September 12th 2019

Content

1. Commissioned services for Walsall
 - Understanding need
 - National agenda
 - Mental Health Investment Standard
 - Areas of transformation
 - Commissioning challenges
2. A focus on autism
3. Suicide prevention
4. DWMH services
 - Overview
 - Service developments
5. The merger between DWMH and BCPFT

Commissioned services for Walsall

Marcus Law
Head of Mental Health and Learning
Disabilities Commissioning

Paul Tulley
Director of Commissioning
Walsall CCG



Walsall Health profile / challenges

- Higher than average unemployment levels
- High levels of multiple deprivation
- Lower than average life expectancy
- High prevalence of substance misuse
- Higher rates of prevalence for various mental health disorders compared to national average, for both adult and older adults. (Especially new cases of psychosis).

National agenda

The Mental Health Five Year Forward View and the NHS Long Term Plan, have provided the national strategy for mental health service delivery for present and future years.

Key items include:

- Children and Young People (CYP) transformation
- Meet Mental Health Investment Standard requirement (MHIS)
- Increase crisis care provision in both community and acute general hospital.
- Physical health checks for those with Serious Mental Illness
- Further expansion of psychological therapies (Talking Therapies)
- Provision of Perinatal Mental Health Services
- Avoidance of out of area hospital placements
- Support with Employment (IPS) – Individual Placement Scheme
- Ensuring both diagnosis and support for those with dementia
- Suicide prevention agenda
- Meet Early Intervention in Psychosis (EIP) standards
- Transforming Care Partnership (TCP) agenda



Investment in Mental Health Services – Nationally required investment standard

- Walsall CCG has met the national Mental Health Investment Standard again this financial year, investing an additional 6.3% of the 2018/19 allocation in 2019/20.
- Equates to an additional £2.4m on the base allocation of £38.8m. Investment areas include:
 - CAMHS transformation, perinatal mental health, psychological therapies, physical health checks for those with SMI, and further investment in acute services.



Areas of transformation

CCGs across the BC STP have been successful in attracting NHSE funding for Mental Health Services for crisis care provision and alternative solutions (crisis café), along with improving the psychiatric liaison service and meeting CORE24 national standards.

Crisis care

- Walsall will now be able to recruit further staff to deliver a more responsive out of hours mental health community crisis service to those in need.
- Meet required national fidelity model standards.



Areas of transformation (2)

Crisis care (cont.)

- Walsall CCG also put forward an alternative solution to crisis and was successful in attracting NHSE funding to support implementation of a crisis café.

Psychiatric Liaison Team (PLT) and meeting CORE24 standards

- Walsall CCG PLT will be enhanced to meet CORE24 standards. Providing required staffing and continue to provide 24/7 delivery.



Commissioning challenges

- Walsall has a higher prevalence of need for mental health services than national average.
- Growing demand for services.
- High level of rehab placements.
- Development of more integrated place based service provision through the Walsall Together partnership
- Strive to close service gaps for those in transition and those with specialist needs.

Focus on Autism

- Walsall has a specialist adult ASD diagnosis service provided by DWMHT, now providing support to all local CCGs.
- We recognise Walsall has a post diagnostic support gap.
- Walsall has had a dynamic risk register capturing those adults with ASD at risk of hospital placement. This register has enabled Walsall services to avoid numerous placement breakdowns and out of area admissions to hospital.
- Strong partnership working - Positive links between adult social care and health and other partners to support and monitor those with ASD.
- Partners continue to work closely on transitional arrangements to provide appropriate early support.
- Care Treatment Reviews (CTRs) include experts by experience who challenge providers and services to improve provision for those with ASD.
- Green Light Toolkit has been completed by DWMHT. Identifying areas of strength and areas for improvement.

Focus on Autism (cont.)

- Autism self assessment was completed by Walsall in April 2019.
- STP wide Autism working group to help bridge gaps between LD and MH and avoid those with ASD falling between services.
- CCG commissioners and DWMHT have held joint engagement events on ASD to deliver training to front line staff.
- Business case underway within children's services to deliver varying tiers of support for those with ASD ranging from internet available resources, to intensive community to support to CYP and carers.
- CYP case worker for young people with ASD supports transition arrangements in to adult services to prevent re-admissions.
- Co-morbid presentations with LD are often challenging and commissioners work with both client groups/providers to provide solutions.

Suicide Prevention

- Walsall has a Suicide Prevention Strategy, action plan and delivery group
- A range of partners are engaged on delivering improvements to reduce suicides across Walsall
- The next Suicide prevention workshop is to take place on 19th September.
- Successes so far include:
 - Inclusion of additional suicide prevention strategies on the new J10 M6 build. (known hotspot)
 - Awareness raising of both mental health and suicide prevention with local GPs at Protected Learning Time event.
 - Walsall Mental health information Hub to be implemented.
 - National funding secured for a crisis café model in Walsall, and increased support for Psychiatric Liaison and Crisis teams
 - Improved information sharing on suicide
 - Bereavement Support Services in place (short term)

Suicide Prevention (cont.)

- Actions still to be completed include:
 - Roll out of mental health first aid training across a range of organisations
 - Ensure an up to date directory of services is maintained
 - Create mental health champions in the community
 - Complete suicide prevention plan to target at risk groups
 - Implement the redesign of crisis and home treatment team.
 - Raise awareness of the information hub across all stakeholders.
 - DWMH signed up to zero suicide campaign and engaged in STP wide strategy
 - Complete standardised training resource
 - Develop early identification flags system for those at risk
 - Improve information sharing
 - Establish vulnerable adults review panel
 - Long term funding solutions for a range of services

DWMH mental health services

Mark Axcell

CEO, DWMH

Jacky O'Sullivan

Clinical Development Director, DWMH

Dr Vanathi Kennedy

Clinical Director, DWMH

About us

The Trust is a multi-site provider (26 sites) primarily serving the Black Country boroughs of Dudley and Walsall within the West Midlands and neighbouring regions. We provide:

- Community mental health and crisis response services for children, adults & older people
- Inpatient and home treatment services for adults and older people
- Primary Care Mental Health services including IAPT
- Psychological Therapies in community and inpatient settings
- Mental Health Social Care Services via Dudley Local Authority
- Specialist services including some regional and national services as well as services in other counties



We are in the process of merging with Black Country Partnership NHS Foundation Trust.



Trust profile

- Our CQC rating is “good” with “outstanding” for caring in CAMHS
- We have just received our 2nd Triangle of Care Gold Star
- Our staff survey results are excellent, we are a top performing trust in the country in many aspects of the survey and we are the best performing mental health / LD trust
- We are an exemplar IPS provider
- We are a trailblazer for our work with schools

- We are especially proud of:
 - Open and transparent culture
 - Excellent staff engagement evidenced in our staff surveys
 - Reputation for good service quality and robust governance processes
 - Consistently high performance
 - Robust relationships with commissioners and other partners across our STP
 - Inclusive engagement with service users, carers, agencies and community groups

Services for Walsall

We are commissioned to provide the following in Walsall:

- Mental Health (male and female) Inpatient Wards, Dorothy Pattison Hospital
- Older Adults Mental Health Wards (Bloxwich)
- Psychiatric Liaison (Walsall Manor)
- Outpatients
- Early Access Service
- Early Intervention in Psychosis
- IAPT Service
- Psychological Therapies Hub
- Community Recovery Service North
- Community Recovery Service South
- CMHTOP with Crisis
- Dementia Diagnostic Service (Blakenhall Village)
- OPMH Community Mental Health Nurse Practitioners
- Therapy & Liaison Community Service (TALCS)
- Mental Health CHC
- Criminal Justice
- Community Based Eating Disorders – adult and young people
- Employment & Retention
- CAMHS and iCAMHS
- Walsall Positive Steps – CAMHS Tier 2



Other services we provide

In addition, we provide the following:

- Community Perinatal service (NHSE funded)
- Neurodevelopmental services (spot purchase)
- Trans-cranial magnetic stimulation (spot purchase)
- IPS for primary care service users
- Liaison and Diversion (NHSE funded)
- Deaf CAMHS (Spec Comm)

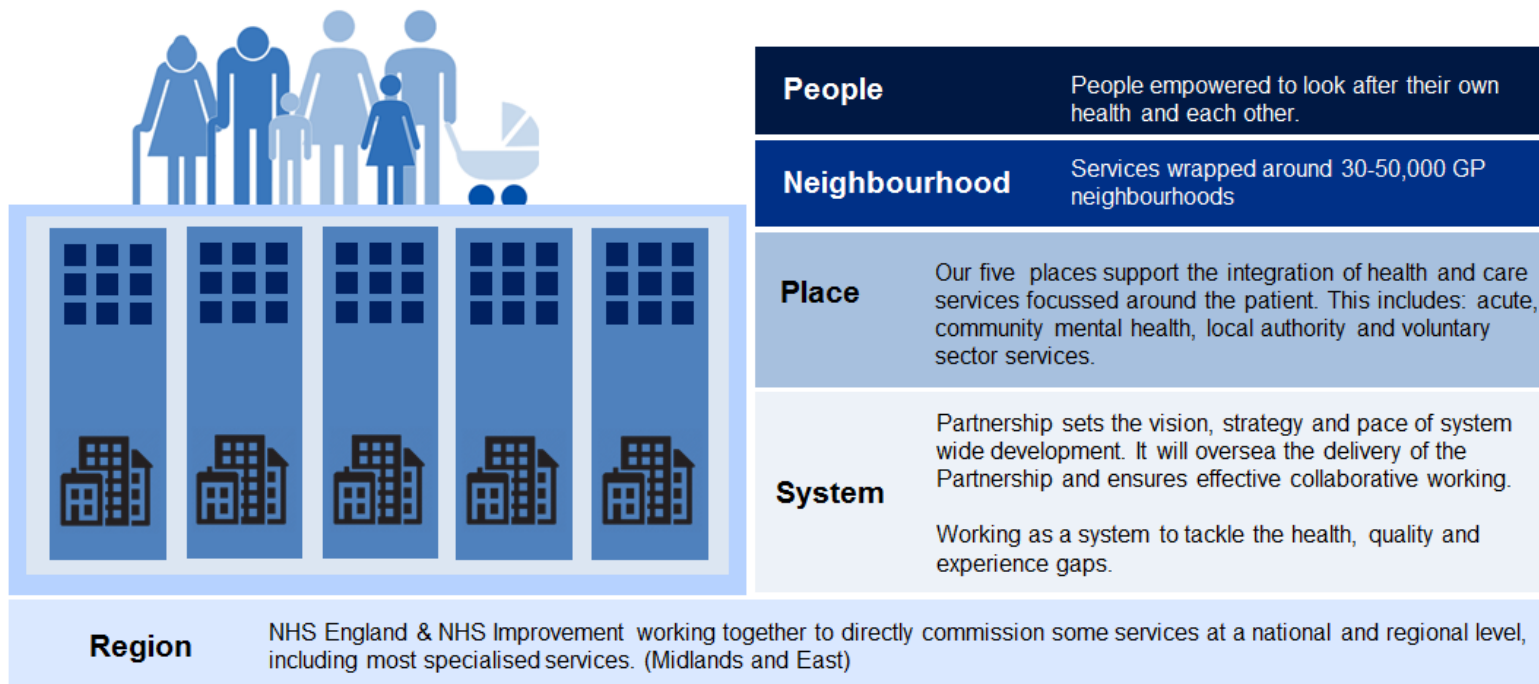
And in development.....

- Investment in crisis home treatment and psychiatric liaison
- Crisis café for Walsall (test bed for the Black Country)
- Scoping of personality disorder pathway
- Talking therapies for children and young people
- Merging some smaller / specialist services with BCPFT
- Involvement in New Care Models for CAMHS and Eating Disorders

Service delivery

The Black Country and West Birmingham STP will:

- transition towards being an Integrated Care System by April 2021
- commission with one voice, with one Accountable Officer
- have an integrated provider in each “place”
- have hospitals that work together to deliver services
- have a single Mental Health Trust across the Black Country



Mental health delivery

NEIGHBOURHOOD:

- Place based teams pilot in Walsall North CRS to demonstrate the effectiveness of delivering mental health at a PCN level as part of Walsall Together
- MDT working across Dudley PCN's as part of the move towards the MCP
- Primary care mental and IAPT as part of PCN's

PLACE:

- Services provided locally at a borough level to provide continuity and ease of access for example our hospitals and CRS's

SYSTEM:

- Working with our STP to deliver 9 services at scale across the Black Country where these are specialist and / or small such as eating disorders
- This will create better consistency across the boroughs but also improve the robustness of these services

WIDER SYSTEM:

- Working with a number of STPS in the Midlands and east region on New Care Models for CAMHS and Eating disorders where the budget for beds will be redirected to strengthen community / crisis care

Merger between BCPFT and DWMH

Mark Axcell
CEO, DWMH

Why?

We believe that by coming together we can:



Voice and influence

Together we will have a stronger voice and be a provider of Black Country mental health, learning disability and children's services. We will build a strong reputation as a partner and provider of choice, playing our part in local plans to develop the future of healthcare services.



High-quality services

Ensuring service users have access to the right care, at the right time and in the right place. As a combined NHS trust we'll be able to build on best practice delivering the highest quality care for our communities by sharing expertise, strengthening core services, reducing variation and building parity across services.



Future fitness

Bringing together staff into a single organisation means we can create long term sustainability through removing duplication and doing things more efficiently. We will also have the scale to save, strengthen and even grow some services. We will use our combined skills and expertise to become an employer of choice attracting the best staff supported by a robust platform of leadership development, talent management and strong staff engagement.

TO ACHIEVE THIS OUR CLINICAL PRIORITIES ARE TO

1 IMPROVE ACCESS AND RESPONSIVENESS OF OUR SERVICES BY

- Ensuring all patients / service users have equal access
- Improving the quality of care
- Standardising the way we work
- Reducing the time people have to spend in hospital
- Minimising the need to send people out of the local area
- Improving staff and patient / service user experience on our hospital wards
- Making change and improvements in partnership with those who use our services

2 IMPROVE LOCAL SPECIALIST MENTAL HEALTH SERVICES BY

- Improving and developing specialist services such as: eating disorders, autism and personality disorders; and for children and young people experiencing severe mental health problems
- Improving access to specialist support for people in most need
- Ensuring fair access for women who require care in hospital
- Growing our recovery focused approach to care

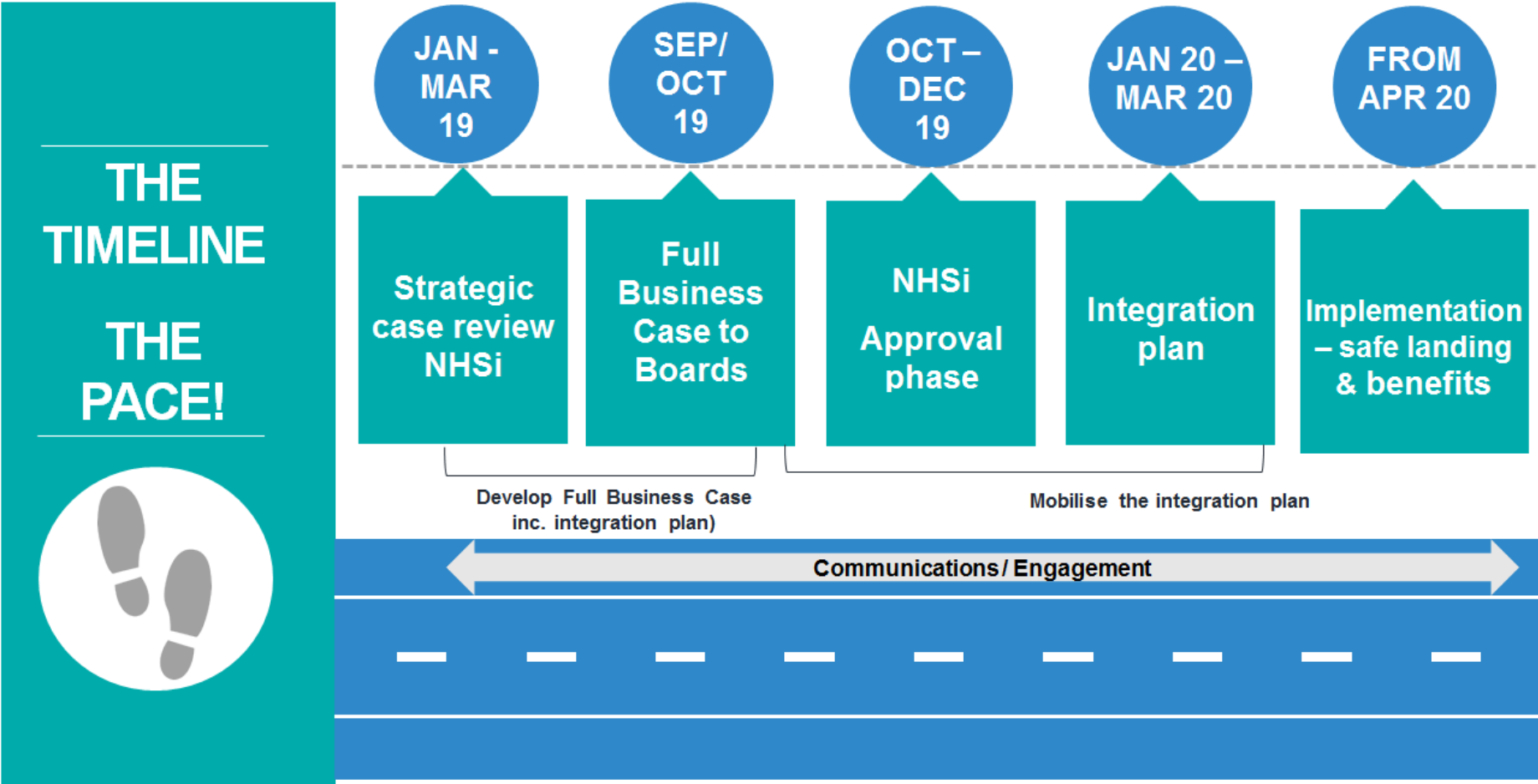
3 IMPROVE OUR WORKFORCE ENVIRONMENT, CULTURE AND OPPORTUNITIES BY

- Nurturing, developing and growing our staff to support how our services develop
- Creating a happy workplace where staff have access to training, professional development and support
- Using technology and innovation to improve
- Encouraging staff to bring together different professions to learn from each other and work better together
- Encourage a culture of speaking up, learning and embedding lessons to drive excellence

Merger timeline

NHS
Black Country Partnership
NHS Foundation Trust

NHS
Dudley and Walsall
Mental Health Partnership
NHS Trust



Thank you

