

## Health and Wellbeing Board

**3 March 2014**

### **Development session - 9 January 2014 feedback**

#### **1. Purpose**

This feedback report was developed following a meeting of Health and Wellbeing Board members who volunteered to further certain actions agreed at the end of the Health and Wellbeing Board session held on 9.1.14. These actions are as follows:

- Develop draft vision statement for HWB
- Collate notes from breakout group discussions
- Consider future development sessions/topic discussions for HWB
- Prepare feedback report

#### **2. Recommendation**

- 2.1 That the Health and Wellbeing Board discusses the draft vision statement shown in **appendix 2** and suggests any amendments prior to adoption.
- 2.2 That the Health and Wellbeing Board agrees the feedback report and in doing so, considers the recommendations within it for future development sessions to be integrated within HWB meetings.
- 2.3 That the Health and Wellbeing Board identifies 2 champions from the HWB members, one for alcohol and one for healthy eating, who will work with LA officers and partners to take a cross-sectional look at what is happening on the ground as described in this report.

#### **3. Report detail**

The HWB development session was attended by 13 of the 19 people who were invited, 12 of whom are HWB members. The session was facilitated by Daphne Taylor. Initial feedback has already been sent to all attendees and members.

The session focused on clarifying the vision for Walsall HWB and then went on to a brief overview of systems leadership and an exploration of the role of individual members. It was recognised that further development sessions would be very useful to continue to build on members' understanding of each other's roles and the role of the HWB.

**Appendix 1 is a collation of all the evaluation received from participants on the day.**

There was quite a lot of discussion on the vision for Walsall HWB as members agreed we did not have a specific vision that we could all articulate. Following discussion in the groups, the suggestions were further developed by the HWB working group and **the draft vision is shown in appendix 2.**

**Appendix 3 is a collation, from the day, of the discussions in the 3 groups about how we will achieve the vision**

Throughout the day, there was recognition that we needed to continue HWB member development. It was felt that there should continue to be specific development sessions organised outside HWB meetings but there should also be space within HWB meetings for specific topics/themes to be discussed in depth.

The HWB working group has the following recommendations:

**1) Within the HWB meeting structure:**

- There will be a number of relevant themes agreed for discussion within future HWB meetings. The first two will be **alcohol** and **healthy eating**.
- A member of the HWB will agree to become a champion for that topic and between this meeting and the one where the topic will be presented, work with LA officers and partners to take a cross-sectional look at what is happening on the ground.
- Each discussion will be given a 45 minute slot on the agenda. This will be broken down in the following way:
  - 5 minutes: quick overview by HWB champion describing the scope of the discussions
  - A maximum of 5 short (5 min max) presentations given by appropriate staff (from LA, NHS and partner organisations) chosen to cover the scope of the topic. The presentations will focus on:
    - what are we already doing based on current need?
    - What is working well?
    - What more could we be doing, based on current evidence of what works?
    - What are the barriers?
  - 15 minutes for HWB discussion and agreement on possible actions to be followed up.

**2) Future HWB member development sessions extra to the meeting structure:**

- July 2014 – An induction to the HWB, for new members in particular, to include descriptions and explanations of both NHS and LA structures.

- Possible follow up on systems leadership? – Future topics to be discussed further and agreed

**Author:**

Cath Boneham on behalf of the HWB working group which consisted of the following members:

Dr. Isabel Gillis, Salma Ali, Cllr. Patti Lane, Rose Collinson, Andy Rust, Cath Boneham

Date: 20.2.14

## **Agenda item 8, appendix 1: Evaluation and Feedback from Walsall HWB development session 9.1.14**

### **Names of individuals who submitted feedback:**

Cllr Patti Lane  
Cllr Rose Burley,  
Matt Bennett,  
Dr Amrik Gill,  
Rose Collinson,  
Dr Devaki Nair,  
Jamie Morris  
Salma Ali  
Cllr Doug James  
Cath Boneham  
Dr Isabel Gillis

### **What were the highlights of your learning over the session?**

- The process we were guided through to explore the 'what' and 'how' purpose of the board.
- Interaction with fellow board members
- More honest and open
- Very interactive, got to know other members better
- More honesty
- Explore the role of Health & Wellbeing Board
- Getting to know and understand perspectives of other Board members
- Different perspectives for different organizations; we need to make better use of our expertise.
- Understanding the different perspectives of different board members and thinking through how to understand and use these in delivering change
- Good to meet colleagues outside board meetings
- Engagement of all Board members

### **How will this change how you work together on this board?**

- I hope that we will feel that we are all equal partners on the board, bringing different professional expertise to the meetings.
- More cohesive
- Feel I understand other member more and what they bring to the meetings
- Apply similar approaches to meetings and between meetings
- It was a very useful session with good ideas, I hope some of these ideas will be implemented
- I will be closely involved in taking forward the action plan to build on the initial momentum we started today
- Recognize that there is still considerable development need
- Board needs to programme development sessions into existing board meetings dates and agendas.

- Implementation of the suggested actions could change structure of meeting and allow for better discussion and creativity
- Working together better through better shared understanding of our purpose

#### **What was most useful for you?**

- Working in small groups with representatives from other areas of the board.
- The openness and honesty expressed
- Public sector
- Greater informal sharing of ideas. Communication with each other and patients/public extremely important
- Small group work
- Understanding the opinions and perceptions of other board members
- Action planning
- Understanding the different perspectives of different board members and thinking through how to understand and use these in delivering change
- The agreements about way forward following this session
- Agreeing next steps and recognising need for further development as a Board and as system leaders

#### **What would have helped you get more out of the session?**

- It was a pity that more board members had not been able to attend, so there was a certain feeling that there might be opposition from those who had not been through the discussions with us.
- We needed more time. Perhaps another session. Systems leadership is shared leaderships. Should the chair be shared?
- Bit more discipline on talk time
- Change the agenda to a narrower focus, fewer issues, deeper discussions and clear agreements at the end.
- ½ day was perhaps a little ambitious
- More focus and shorter group working time, it allowed for conversational drift
- Any leveraging relationships systems intelligence work didn't happen effectively
- Generally the session has raised more questions about how to work together
- Certainty that all members are committed to further development sessions so that ideas expressed could be further worked through and there is therefore less need to try to cover too much in one session
- All Board members present

#### **Comments on the facilitator- Daphne (What worked – what could be improved?)**

- Daphne was immediately aware of the rigidity of the group and by getting us to move around physically it eased (without the dreaded ice-breaker)
- Good
- Daphne's style is good and summing up relevant
- Good, she seemed surprised at the different levels of needs in the group so perhaps a better briefing for her up front might have helped
- Her ability to be flexible was very useful and the way in which she enabled convergence of the thinking so that we finished with specific actions to follow up.
- Her preparation and skills on the day helped us to get the most out of a very short time

**What additional training would help you be more effective?**

- More on systems leadership
- On-going development as part of the business meeting along with bespoke sessions
- Following up on systems leadership and individual responsibilities
- More work on systems leadership and what that means practically to us as Board members

**What actions will you take as a result of the work you did in this session?**

- I hope that at board meetings we can focus on practical support and intervention and less jargon and rhetoric. Leadership of these can be alternated around the board with involvement of all members, perhaps in working party groups.
- Feedback to colleague
- Put into action things we have discussed
- Be more mindful of the range of skills and expertise in the room rather than assume everyone is at the same level and accommodate that in any interactions
- Feedback and follow up of actions
- Develop action plan and present back to HWBB

**Please, if you found value in the material covered today, we would love to have a summary comment from you**

- More clarity about the vision. Some understanding about how, but still more work needed
- Challenging but interesting. The feeling that the Board still has a way to go to be cohesive and fully effective.

- A challenging afternoon as I felt there was a wide range of perspectives and expertise in the room which illustrated the size of the challenge to deliver effective outcomes in a timely way

## Agenda item 8, appendix 2

### Walsall Health and Wellbeing Board - Our purpose:

We, the members of Walsall Health and Wellbeing Board, commit to working together in order to:

*Improve the health and wellbeing of everyone in Walsall and reduce the inequalities by improving the outcomes of people in deprived communities and vulnerable groups faster than the average for the borough of Walsall.*

In order to achieve this, we need to strike a balance between support for individual actions and actions to shape the conditions that will make improving health and wellbeing easier.



The balance described above is required because people in deprived communities face more adverse social, environmental and economic conditions that 'increase the gradient' against which individual actions are set, making individual change more difficult. The illustration above, adapted from a model developed by Tannahill, graphically illustrates this point.