

# Children and young people voices on what it is like growing up in Walsall to help our Strategic Thinking and Doing



#### About children and young people living in Walsall

#### Walsall has a population of 286,716

69,375 of whom are children aged 0-17)

The number of children and young people aged 0-17 is projected to rise to 71,822 by 2030

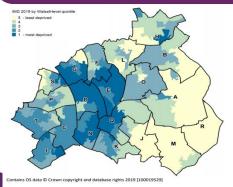
• 0-17 • 18 and over

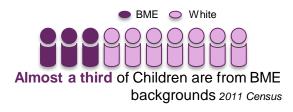


Almost a quarter of the population are children and young people 2020 mid-year population estimates

Almost a quarter of our children have English as an additional language

In 2019/20 hospital admissions for accidental or deliberate injury in 0-14 year olds in Walsall were lower than regional and national rates.





Children and young people have more health challenges than their peers

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Walsall is the 19th most deprived Local Authority in the country (IDACI)



**39%** of children live in poverty after housing COSts Campaign to end child poverty – May 2021

## Need is unevenly distributed across the borough







#### Children Voices need to be at the heart of our thinking and doing by:



LISTENING



**REFLECTING** 



**RESPONDING** 



LISTENING – what did we do?

Three key pieces of engagement work undertaken with children and young people growing up in Walsall provided us with valuable and rich information that help us to understand their lived experience and the things Walsall partnerships need to consider in ensuring all children in Walsall can be happy, healthy, safe and learning well.

The key pieces of work are:

- An ethnographic Study on 'growing up in Walsall' commissioned by Public Health - November 2020
- Big Conversation Summer Daily Conversations programme – undertaking by Children's Services during Summer 2021.
- The Big Ask/ The Big Answer undertaken by the children commissioner for England – September 2021

A separate report is available on each pieces of work.



Growing up in Walsall – public health report

Walsall Council commissioned M·E·L Research to undertake a detailed ethnographic study to help them understand what it is like to be a young person growing up in Walsall.

The Council were particularly interested in hearing from girls and boys aged between 11-18 years old (i.e. from year 6 of primary school and throughout secondary school), who had different educational needs, came from different parts of the Borough, required different levels of parental input and came from different ethnic and religious backgrounds.

Walsall Council commissioned M·E·L Research to conduct up to ten in-depth ethnographic case studies with children and young people. The ethnography study focused on the young person's experience of growing up in Walsall, their challenges, hopes, dreams and fears, what support they access in comparison to what they need, and their recommendations to help make Walsall a better place to grow up

The findings from the research were used to inform the Council's Public Health 2020 and 2021 annual reports and its 'Walsall Best Start 4Life' (BS4L) strategy.



Big
Conversation –
Summer Daily
Conversation
2021

Children's Service created the **Big Conversation** programme as part of its Walsall Right 4 Children transformation journey - a programme of activities, aimed at listening to and acting on what children and families are saying about the services we deliver as well as seeking out opportunities to collaborate with them on aspects of day to day practice and / or transformation.

During the Summer the Local Authority and its partners took time to talk to 323 children aged 5 to 18 and 102 parents with the aim to better understand;

- Their lived experience of growing up in Walsall?
- The impact of COVID on their lives, their peers and their community
- What might help improve their lived experience now
- What their ambitions are for the future
- What might be barriers to achieving their future ambition
- What help or support could help remove these barriers to achieve their ambition



Big ask/big response

The Children's Commissioner for England, Dame Rachel de Souza DBE, launched the Big Ask in 2021 as a means of hearing the voices of as many children in England as possible.

She undertook this as one of her first tasks on becoming Children's Commissioner. Every school and Local Authority were asked to engage with over half a million children aged 6-17 responded to the survey.

Over 1,700 children and young people in Walsall responded to the questionnaire. This data was made available to help our local developments.







What do children say about growing up in Walsall?

# The best thing

- Family
- Friends
- Somewhere to play
- Good school or learning opportunities
- Sense of community

"Walsall has a good community – everyone seems to know each other and get on with their neighbours. It is also very multicultural. I have seen lots of weddings in different cultures and religions taking place – hearing the music and seeing all the colourful outfits makes me happy."

# Not so

good

"It's home becau

lives"

its where my family

- Too much crime
- Too many homeless people
- Too many people drinking on the street or in the park
- Not enough green space/areas to play
- The house they live in
- How their community looks litter, vandalism
- Not feeling safe on the street
- More opportunities for children and young people to be involved in decision making

"I think Walsall is quite dirty. I have seen empty beer cans, syringes and empty condom wrappers in Silverdale Park, but I think the Arboretum is much cleaner and safer! The Town Centre also

has a good variety of food shops, and a cinema!

What do children say needs to happen to make Walsall the best place to grow up?

More place to go

More events – especially music

More friendly neighbourhoods

- More green spaces
- More green streets
- Support home for homeless people
- More support around mental health for children/young people
- Support around poverty
- More people that we can trust
- More listening to children and young people
- Clean up the rubbish
  - More police

### What does Being Happy mean to children?

What does being happy mean to children?

"Happiness means when something good has happened to me or to someone I know"

"Satisfied, and having no worries. Having a laugh"

"Happiness is important especially because it allows me to make the best memories"

"To not be upset, nothing negative around. Calm and everything positive" "For me, happiness is having good relationships with my friends and family, being healthy and having a peaceful time"

Responses dead

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What makes children happy?

- Having a supportive network of friends, families (and pets)
- Keeping active, doing things and making memories
- Money, having nice things
- Listening to children and hearing them out
- Making others happy and yourself happy
- Always looking on the bright site and thinking positive thought
- Learning new things



#### What does Being Happy mean to children?

## Big Ask told us that

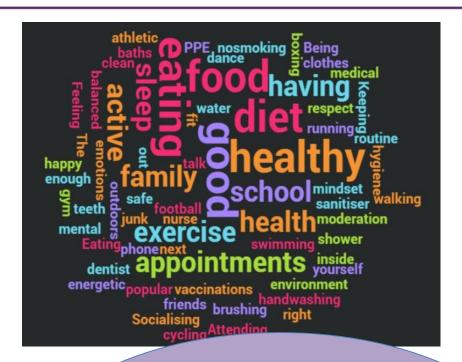
7% of children in Walsall are **unhappy with their lives overall** England-wide the total unhappy with their lives was 9%.

- The biggest cause of unhappiness was **the choice of things to do in my local area** with 19.5% (1,687 children) of 9-17 year olds responding to the survey unhappy
- The second biggest cause of unhappiness for 9-17 year old respondents was my mental health at 17%
- Life at school and college ranked third at 14%
- Unhappiness with **progress in education** ranked fifth at 9.4%
- Unhappiness over **personal safety** ranked as one of the lowest causes of unhappiness at 3%
- For children aged 6-7, who responded from Walsall the factors that made them unhappy included how much I can play (6.3%), my family life (4%), the places I can have fun (3.4%) and education came fourth in the things that caused unhappiness.

"Walsall has a good community — everyone seems to know each other and get on with their neighbours. It is also very multicultural. I have seen lots of weddings in different cultures and religions taking place — hearing the music and seeing all the colourful outfits makes me happy."

"The main thing that concerns me whilst growing up in Walsall is the gangs. Sometimes when I go into town, I see lots of 'dodgy' people. This makes me nervous as I think they may follow me and something bad might happen to me. I don't really feel safe walking somewhere on my own as there can be big groups of children."

## What does being healthy mean to children?



I am concerned about my mental health as it can affect my education.

In in the past I have lost concentration and motivation to do school work. I have also been worried about COVID-19.

When I was going through a hard time a while ago, I spoke to CAMHS about my anxiety and depression.

They have been really good and given me all the support I needed but I would have liked to have had more regular appointments.

#### What helps children to be healthy? Healthy Digital Social wellbeing network food affordable Good advice and guidance exercise you need it Good Mental Good sleep hygiene wellbeing

A number of children mentioned that there are too many unhealthy take-aways available in Walsall, which they perceived as a barrier to children in Walsall being healthy.

## What does learning well mean to children?

## Key drivers for doing well at school are

- To earn good money
- Having a nice car
- Owning a nice house

What children say they are responsible for to help them learn better

- Positive mind set
- Working hard
- listening
- Not being disruptive or distracted in class
- Being on time
- Asking for help
- Not giving up on dreams.

Getting a good job

When I grow up
I want to...
SET HIGH
ASPIRATIONS

Going to university

Getting good grades

Following my dreams



Other things that could help with learning better

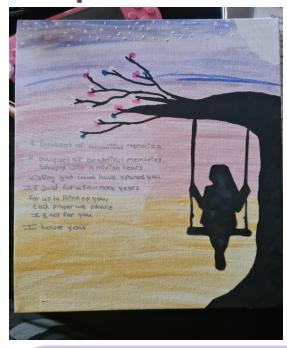


- Good role models
- Good friendships
- · Being more active
- Good sleep routines
- Getting feedback on your achievements
- Different teaching styles to meet different learning needs
- Additional support for children who need it
- Early identification of SEND and additional support
- Supportive parents/adults.
- Funding to go to university





## What do children say about the pandemic and the impact it has had on them, their friends and family?



- Not being able to see family and friend is the main issue children raised. Some young people connected more with friends online.
- Many children said they felt bored most of the time.
- Some younger children mentioned the lack of ability to play because no garden or park nearby
- Some young people also expressed feelings of loneliness, worry and fear during the pandemic.
- Children said their learning had been impacted by the pandemic with lots of children saying they struggled with online learning and feeling they got behind on work. Most children indicated they were happy to be back at school, but would welcome extra help to ensure they can adjust again and catch up with lost learning.

"what I found difficult was following the rules, trying to stay safe, not be able to go places and walk in queues everywhere and not being able to see normal again."

"I suffered from panic attacks during COVID. I was worried my family would catch it. I have an older brother who has Cerebral Palsy so he would be really ill if he caught it. During COVID, I also suffered with my mental health as I was not seeing my friends. I went from seeing them every day to not seeing them at all. I got all the help I needed from my parents during this time.

"found going back into society difficult and was scared of crowds, but it is better now. When I returned to school some of my friendships changed. I lost some old friends and made some new ones."

- As to what was important for their future as 6-8 year olds 68% said **getting on well with their current family**; 66% said **being healthy and active** and 65% said a **good job or career**. 45% saw a good education as being important to their future which implies some in this age group don't correlate a good education with a good job or career.
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- For 9-17 year olds the most important issue for their futures was a good job (72%) (69% England-wide). This was followed by: having enough money to buy the things I need (59%), having a good education (55%), having good friends (53%) and getting on well with my current family (33%).
- Good mental health came fifth in terms of things important to their futures for 7-19 year old respondents in Walsall. Interesting physical health came in eighth at 31%.
- Living in a nice area was important for 11% of respondents and being part of a good local community was rated by only 4.6% as being important.
- 14% of respondents aged 9-17 in Walsall were not worried about anything. Of the key worries for that age group 39% were worried about not having enough money to buy the things I need, 35% were worried about having a good job or career; 34% were worried about a healthy environment and 32% were worried about their mental health. 19% were worried about having a good education.
- When asked whether they thought they would have a better life than their parents 53% thought that they would have a better life. 9% however thought that it was unlikely that they would have a better life than their parents (8% Walsall North, 11% Aldridge-Brownhills, 9.49% Walsall South).

#### What do children say about their future

When asked about what concerned young people in the future, the most frequently

mentioned topics were:

- doing well at school
- passing exams
- securing future employment.

"In the future, I would like to pass my Level 3 Sports course and my GCSE Maths and English. After this, I would like to become a Sports Development Officer or PE teacher. In order to achieve these things, I would like some work experience (as getting a job is very important to me). I am worried about putting together my CV and going for interviews (due to my Autism) so it would be good if Walsall Council could give me a chance without having to jump through 'hoops' to get there. I think the council should give kids more opportunities to get work experience, real work experience that gets you a job."

"I am currently studying A Level Sociology and English at Bloxwich Academy. After I finish this, I would like to train to become a support worker which specialises in young children or teenagers. I do not think young people always get the help they need whilst they are growing up."

"I would really like to go on University visits but only the top performing classes are allowed on these. I think if the school gave the other classes the opportunity too, more kids (including me) would feel more inspired to work harder and get better grades."

What children would do if they were the boss to ensure that all children are happy, healthy, safe and learning well:



What children told us in 2019 about what they would do if they were the boss of Children's Services is not much different to what they told us now:

- Listen to children's views more and take notice and take action.
- Listen to the people who know me well (parents, carers, key workers)
- Invest more in mental health services
- Provide the right support to keep families together
- Make sure children have places to go where they have trusted adults they can talk to and provide good help
- Provide free transport, school uniforms and food
- · Help as many people as possible

"I would like the Council and other organisations to make Walsall a more enjoyable place to grow up."

"Finally, I would like The Council to listen to young people and involve teenagers in decision making going forwards"



What do parents say about living in Walsall?

#### The best thing

- 61% close to friends and family
- 51% parks and open spaces
- 42% it's where I grew up
- 35% good schools and colleges
- 32% health facilities
- 32% affordable housing
- 31% good transport links
- 28% leisure facilities
- 28% feel safe
- 22% the shops
- 21% diverse community
- 19% community spirit
- Crime rate some indication parents feel its getting worse, 'not feeling safe'
- Nothing to do for young people
- No safe places for children to play
- Racism
- No information on what services or what's on in different communities
- The way some parks and places in the borough look
   'mess', 'litter', 'run down' 'look of the town centre',
   'unclean'
- Too many rough sleepers
- Drug taking and drinking in the street
  - Lack of support around children with SEN

- What would make living in Walsall better for their family
  - More activities/safe spaces for children and young people including children with SEND
  - More police
  - Clean-up and make-over of certain areas – like Town centre
  - Community projects/ better community interaction
  - · More green spaces



What they don't

like about living

in Walsall



#### RESPONDING

- Feedback from the Daily Conversation is influencing ways of thinking, strategic direction and multi-agency working around the Early Help Strategy, Neglect Strategy, Resilient Community Strategy, Safer Walsall Partnership and the Walsall Learning Alliance.
- We will monitor on a quarterly basis how each partnership group is considering young people's views into their planning and actions taken as a result.
- We are now in the process of working with children and young people to develop a WR4C Shadow Board to develop a response to the Daily Conversation – to consider what actions they think partners should take as a result and what actions they would like to take forward.
- The WR4C Shadow Board will take part in the planning and delivery of:
  - ✓ Walsall Right 4 Children (WR4C) staff and young people's awards evening with a focus on what good help looks like for young people
  - ✓ A digital resource to be used across the Early Help partnership; this resource, led by young people, will share information advice and guidance on Early Help partnership services and shared on Walsall Childrens services website.