

Health and Wellbeing Board

7 December 2015

Mental Health and Wellbeing for Children and Young People, Needs Assessment, Strategy and Transformation Plan

1. Purpose

- 1.1 In March 2015, the Department of Health and NHS England published 'Future in Mind, protecting, promoting and improving our children and young people's mental health and wellbeing.'

This publication set out a five year national vision to transform mental health and wellbeing support for children and young people.

'Future in Mind' confirmed the Government's commitment to allocate additional resources for Clinical Commissioning Groups (CCG's) to improve mental health services for Children and Young People.

The document required each CCG to lead on the completion of local Children and Young People's Mental Health and Wellbeing Transformation Plan.

- 1.2 This report confirms how partners in Walsall responded to the recommendations contained in 'Future in Mind'. An up to date needs assessment, strategy and a transformation plan for children and young people's emotional wellbeing and mental health have been completed.
- 1.3 Walsall Children and Young People's Emotional Wellbeing and Mental Health Needs Assessment is available on the Council's Committee Information Webpage and can also be accessed via the following link:

<http://www.walsallintelligence.org.uk/WI/publications/Emotional%20Wellbeing%20and%20Mental%20Health%20Needs%20Assessment%20v1.0.pdf>

Appendix A: Walsall Children and Young Peoples Emotional Wellbeing and Mental Health Transformation Plan

Appendix B: Walsall Children and Young Peoples Emotional Wellbeing and Mental Health Strategy (subject to graphic design input).

2.0 Recommendations

- 2.1 That the Health and Wellbeing Board note the completion of the Children and Young People's Emotional Wellbeing and Mental Health; Needs Assessment, Strategy and Transformation Plan.

- 2.2 That the Health and Wellbeing Board approve the actions in the transformation plan as Walsall's proposed approach to transform children and young people's emotional wellbeing and mental health.
- 2.3 That the Health and Wellbeing Board agree to have strategic oversight of implementing the strategic priorities and actions in the transformation plan by receiving reports to confirm progress every three months.

3. Report detail

- 3.1 From April to October 2015 Walsall Public Health completed an up to date needs assessment for children and young people's emotional wellbeing and mental health.

Feedback about current services and support was gained through focus groups, questionnaires/surveys, group discussions, agenda items at meetings, one to ones and a half day event held in September.

Children and young people, their parents, education and people who work in schools, health visitors, school nurses, GP's, social workers and other key partners were asked to give their views. Suggestions and comments to confirm what people would like to see in place and wanted to see in the future were also recorded.

The recommendations made in the needs assessment are based on; the analysis of data (confirming prevalence and future demand), the key recommendations laid out in Future in Mind and (this was important) the feedback and suggestions recorded as part of consultation.

- 3.2 The strategy was developed alongside the needs assessment and was based on the key recommendations contained in the needs assessment. The key principles, priorities and outcomes were considered during the half day event held on 15th September 2015 and amended based on further feedback and suggestion.
- 3.3 The actions to implement the recommendations in the needs assessment and reflect the priorities in the strategy formed the basis for the Walsall Emotional Wellbeing and Mental Health Transformation Plan.

Transformation plans should cover the whole range of services for children and young people's mental health and wellbeing, from health promotion and prevention work, to support and interventions for children and young people who have existing or emerging mental health problems, as well as transitions between services. The focus was not just about the use of any additional funds available, but about the role and commitment of all partners to bring about change.

- 3.4 Walsall CCG led on developing the strategy and transformation plan. This included engagement with all partners. The recommendations from the needs assessment, the priorities from the strategy and the actions in the transformation plan were detailed in a presentation to the Children and Young People's Partnership Board in October 2015.

The GP clinical leads for mental health – Dr Suri and Dr Kaul (shadowing Dr Suri) are both involved and engaged in the development and implementation of the strategy and plan.

- 3.5 NHS England requires that the transformation plan has oversight from the local Health and Wellbeing Board. Due to the timescales in place to submit a plan, (guidance was published in August 2015 and submission was required by 16th October 2015), NHS England recognised that the plans wouldn't have been considered at a full Health and Wellbeing Board meeting prior to the submission. NHS England confirmed that a signature of one of the members of the Health and Wellbeing Board would be sufficient until the transformation plan is presented at a full meeting. For Walsall this was John Wicks, Associate Member of the Health and Wellbeing board, Director of Commissioning and Transformation for Walsall CCG.
- 3.6 Walsall Health and Wellbeing Board will receive an update on the progress of the transformation plan implementation every 3 months for the duration of the transformation plan.

4. Implications for Joint Working arrangements:

- 4.1 The transformation plan will support and reinforce joint working to meet emotional wellbeing and mental health needs for children and young people in Walsall.

The transformation plan is 'owned' by all partners and implementing the actions will result in a planned approach to bring about improvement.

- 4.2 The existing multi agency/key stakeholder; 'Children and Young People's Emotional Wellbeing and Mental Health Strategy Development Group', will be revised, adopt an amended terms of reference and be renamed to enable the group to act as the 'Children and Young People's Emotional Wellbeing and Mental Health Strategy and Transformation Plan Implementation Group'.

This group will continue to be facilitated by the lead Commissioner for Children and Young People's Mental Health.

- 4.3 Each partner will report outcomes from the group to appropriate boards or committees. In the case of the CCG the progress of the transformation plan actions will be managed through the CCG PMO (Project Management Office) process and be reported to the Mental Health Programme Board and Improving Outcomes Committee.
- 4.4 The CCG will act on behalf of partners to report progress about the implementation of the transformation plan to Walsall Health and Wellbeing Board.

5. Health and Wellbeing Priorities:

5.1 The Walsall Children and Young People's Emotional Wellbeing and Mental Health Transformation Plan will directly contribute to the Joint Health and Wellbeing Strategy (refresh) priority of;

- Ensure mental health services are fit for purpose

and also the Marmot objective of;

- Give every child the best start in life

5.2 The Children and Young People's Emotional Wellbeing and Mental Health Needs Assessment will inform the future Joint Strategic Needs Assessment in relation to children and young people's emotional wellbeing and mental health. The strategy and transformation plan support the delivery of the recommendations identified by the needs assessment. This will be delivered through a five year plan of transformation.

Background papers

'Future in Mind; protecting, promoting and improving our children and young people's mental health and wellbeing.' Published by Department of Health and NHS England March 2015

Author

Alicia Wood – Senior Commissioning Officer

☎ 602452

✉ alicia.wood@walsall.gov.uk