# Social Care and Inclusion Scrutiny and Performance Panel

Agenda Item No. 6

18 June 2013

**Commissioning Mental Health Services – Broadway North Resource Centre.** 

Ward(s) All

**Portfolios**: Councillor Ali – Public Health and Protection

Councillor I. Shires – Community Engagement and Voluntary Sector

# **Executive Summary:**

A review has been completed by the Mental Health Commissioning Team (part of the Joint Commissioning Unit) to evaluate the Mental Health Services located at Broadway North. Broadway North has been operating as a specialist facility to support those recovering from mental ill health with both day and residential care services available on the site.

The review has considered value for money and the models of service that are currently offered on the site. The review has examined day services; and residential respite and crisis bed services.

The review recommends that the Council consider the closure of the residential element of Broadway North Centre and that alternative equivalent provision is purchased from the independent sector.

The closure of the bedded facilities will save money to the Council whilst increasing the opportunity to develop the community resources on the site.

### **Recommendations to Cabinet**

That the Interim Executive Director of Social Care and Inclusion be authorised to undertake formal consultation with Staff and the Trade Unions and with key stakeholders to consider the closure of the residential services at Broadway North. That a further report is brought back to cabinet on the results of these consultations in September 2013.

That Broadway North continues to evolve as a multi-purpose community well-being hub offering day based recovery programmes for people recovering from mental ill health alongside community based activities run by local community organisations.

# Reason for scrutiny:

Scrutiny and Performance Panel will seek to ensure that there is a comprehensive programme of consultation with all stakeholders over the proposed changes, and that the Broadway North Centre continues to provide a community based support service for people with mental health problems.

## **Recommendation to Scrutiny and Performance Panel:**

That Scrutiny and Performance Panel agree the recommendations being put to Cabinet and receive a report on the outcome of the consultation prior to consideration by Cabinet in September 2013.

# **Background papers:**

None

# Resource and legal considerations:

## **Financial implications**

The total bed weeks required based on the average occupancy 2012/13 would indicate a need for just over 6 beds per week for all types of support. The budget for the Broadway North Residential unit for 2013/14 is currently £294,444 (excluding CSS recharges).

Commissioners have found that there is capacity in the local market to meet the number of both crisis and respite beds required. Costs for a private sector organisation would average £620 per bed per week for both types of service

On the basis of commissioning 6 beds from the private sector it is possible to estimate the total cost would be £193,440. The proposals would therefore produce a full year saving against the budget of £101,004 based on the principle that we require only 6 beds and not the current 10 available at Broadway North. This assumes no other additional costs of closing the residential facility are incurred elsewhere.

Should any redundancy costs be incurred as a result of this decision, then funding that has been identified as part of a previous year's budget exercise will be available.

## Legal implications

The guidance places a duty on the council to ensure each service user who accesses the Broadway North Resource Centre has the right to an assessment of needs and if they are eligible under the FACs criteria, to provide a service to meet those needs accordingly. Alternative residential provision will need to be available as outlined in the report.

# Citizen impact:

Those people with mental health problems who are assessed as needing residential provision will be supported in alternative accommodation. The Broadway North centre will continue to provide a community based service during the daytime.

# **Environmental impact:**

There is no direct impact upon the environment of these changes.

# **Performance management**:

The attention of the Scrutiny and Performance Panel will help managers to ensure that the process of consultation is comprehensive.

# **Equality Implications:**

An equality impact assessment was completed in February 2012 and this will be updated as part of the forthcoming consultation but no immediate implications have been identified.

#### Consultation:

Consultation will be undertaken for the recommended period following the outcomes of this report to ensure that service users, carers, staff and trade unions and other stakeholders view are fully considered.

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# 1. Report

1.1 Broadway North, which had been formerly built and run as an elderly persons care home became a Mental Health Resource Centre in 1994 and currently has 10 residential beds for crisis and respite care as well as a day service which operates from Mondays to Fridays each week.

#### 2. Residential facilities

- 2.1 The residential care beds have offered both the opportunity for those who need some respite (usually to give carers a break and maintain an individual's mental wellbeing) and some crisis response beds for those who need help but where this does not require an admission to a psychiatric hospital.
- 2.2 Evidence informs us that some patients will get much better results if they can remain close to their own homes within a non-medical setting when they have a crisis which is precipitated by their poor mental health. The focus of the work of the crisis beds is to support and help people recover and return home as quickly as is possible.
- 2.3 Currently the crisis/respite unit comprises single bedrooms with additional shared facilities including a lounge, kitchen, bathrooms. None of the rooms have ensuite facilities however lack of en-suite rooms has never been raised as a concern by service users or by CQC inspectors as people's stays are always short term. Most recent CQC inspections have been positive about the quality of care and provision at Broadway North. This has also been evidenced by patient/service user feedback where they have reported positive outcomes and rated the service and staff very highly.
- 2.4 The following figures reflect the level and type of activity for the residential unit for the year -12/13.

<u>Table 1 – Admissions to Broadway North 2012/13</u>

Туре	quantity	Comment	
Referrals	287		
Crisis admissions	126	Bed based Crisis Intervention to prevent hospital admission for those whose mental health does not require a hospital stay	
Respite admissions	24	This offers a break for those who are carers and also to maintain users mental wellbeing in times of need	
Short stay/step downs	35	Step down beds from hospital aims to prevent delayed discharged from hospital.	
Detoxifications	56	These are funded by the Drug and Alcohol Team (DAAT)	

<u>Table 2 – Bed usage at Broadway North (% bed nights used of total bed nights available) – 2012/13</u>

Type of residential stay	Available bed nights	Bed nights utilised	% used
Crisis – Mental health	2,190	1,238	56.5%
Crisis - Detox		228	10.4%
Sub total	2,190	1,466	66.9%
Respite Stays	1,460	142	9.7%
Short stay/step downs		685	46.9%
Sub total	1,460	827	56.6%
Grand total	3,650	2,293	62.8%

The average occupancy across the whole unit for the financial year is 62.8% or just over 6 beds of the 10 available.

- 2.5 To provide a model that is value for money for Walsall MBC, this is discussed later in the report under the financial section. It is recognised that if the available occupancy of unit was utilised 100% of the time this would indeed provide a case for the continued investment in this area however as it has been demonstrated in the body of this report the number of beds required is less than 6 and with the current complement of staff this would not provide value for money by continuing to provide this support from Broadway North.
- 2.6 Commissioners have explored alternative options and they can secure crisis and respite bed provision with a trusted local independent sector provider at a cost of £620 per week with a total yearly cost of £32,240 per bed. This service can be flexed up if required and has the benefit of having experienced staff on duty 24 hours per day. Home Treatment team will be called upon if required as is currently the case at Broadway North; this has been discussed and agreed with the local NHS provider Dudley and Walsall Mental Health Trust who are commissioned to provide this support in Walsall.
- 2.7 This provider already provides step down provision in line with the mental health recovery pathway to enable users who have had an acute hospital episode to have their discharge back to the local community facilitated in a timely way. Those users who have utilised the resource for detox will be considered when commissioning any alternative provision to meet their needs in partnership with the Drug and Alcohol commissioners

# 3. Day services

- 3.1 The day service works in partnership with Walsall College, Manor Farm Association, Links to Work, DWMH Health Services, Mencap and a Carers Service. Park Hall Community Association is the most recent addition to the provision that is based at Broadway North. This service offers a range of educational and therapeutic, timetabled activities which complement the existing day opportunities on offer.
- 3.2 Assessments are person centred and interventions are outcome focused aiming to support an individual to enter volunteer work or employment. Day service staff work closely with employment support workers and have achieved good outcomes for clients with severe mental ill health.

- 3.3 The day service has received 352 referrals for 2012/13 for the range of therapies provided whilst the social care educational courses have attracted 102 enrolments and Health Services have an average 100 attendees per week.
- 3.4 It is the aim to enhance this model further by evolving into a 'wellbeing hub' supported by partners in Social Care, Primary Care (GPs) and Public Health to provide a spectrum of advice, preventative support and recovery opportunities for those people who experience mental ill health in Walsall.
- 3.5 Commissioners will be working with health, social care and public health colleagues to ensure the local needs of the population can be addressed in the wellbeing hub model, this will be the focus of the development of a joint business case that will be presented to all parties to jointly finance this facility.