

Walsall Multi-Agency Mental Wellbeing Place Based Strategy – Together We Can

- Deliver accessible Mental Wellbeing and Suicide Prevention self-help material.
- Maintain updated Directory for Mental Wellbeing
- Build on the "No Wrong Door" network
- Deliver Mental Wellbeing and suicide prevention training and establish champions network
- Undertake Suicide Audit and real-time suicide surveillance
- Develop and promote the Walsall Mobile Mental Wellbeing unit
- Embed 8 Steps to wellbeing plans system-wide

Awareness Raising & Promotion

MWT1

Promote community green space and wider activity initiatives for wellbeing.

- Work with local sports and activity partners to improve mental wellbeing.
- Understand impact of new Wellbeing/Lifestyles service on mental wellbeing
- Ensure links between mental wellbeing and physical wellbeing services/strategy
- Enhance accessibility of commissioned counselling programmes
- Explore bereavement support and opportunity to meet diverse community needs
- Early intervention • Evaluate Young People's Health and Wellbeing service
- Provide support to children and young people whose parents/guardians have substance use problems.
- Understand wellbeing community support available for LAC, care leavers and NEET

Improve Knowledge & Understanding Wellbeing

MWT1**B**

MWT2A

MWT2B

MWT3A

Prevention

Wellbeing Walsall

MWT4 **Community Connections** - Peer Social Support

- Continue to develop wellbeing engagement work
- Undertake work to increase the mental wellbeing of underserved communities including Black ethnic minority communities and LGBT+ communities
- Work with Adult Social Care to support improvements in wellbeing
- Develop and support wellbeing programmes for men, neurodivergent individuals and young people
- Undertake mental wellbeing work with barbers, gyms, faith leaders etc
- Link Making Connections Walsall support with

- Support welfare advice work and raise awareness of support available.
- Maintain inclusion of debt and finance advice on the Walsall Mobile Mental Wellbeing unit
- Strengthen partnership with LA housing teams
- Understand needs of homeless communities/ substance users etc.
- Develop whole school approach to emotional wellbeing
- Build on workplace health and wellbeing activities
- Strengthen partnership working with LA economy teams
- Continue to work in partnership to enhance young people's employment opportunities
- Improve understanding of the mental wellbeing needs of unemployed people



Making it Happen:

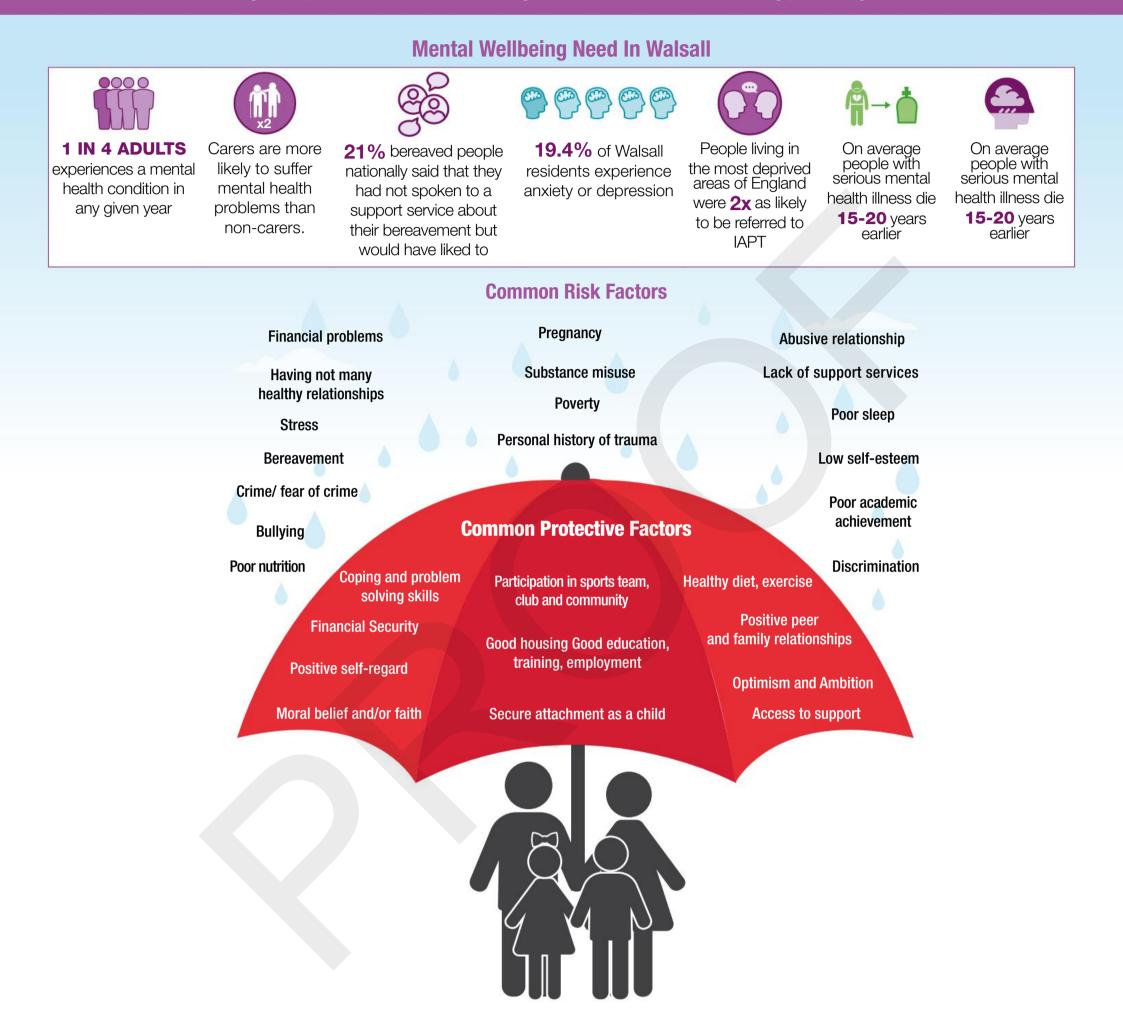
- Deliver the Walsall Mental Wellbeing Strategy and Concordat • through the Walsall Mental Wellbeing Strategic Partnership
- Launch the Walsall Wellbeing Outcomes Framework and ٠ service directory
- Develop the Children and Young People's Emotional ٠ Wellbeing Strategy and support work of family hubs
- Progress the Walsall Health in all Policies approach •
- Work to understand the impact of racism on mental wellbeing, and explore ways to improve outcomes







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8 Steps to Wellbeing





Learn Something New

Hydration

and Nutrition



Connect



Give Something to Others



Sleep for Wellbeing



Hope for the Future

