# Healthy weight task and finish working group

a1





Slide 1

a1	BW to chair
	aitkena, 23/09/2014

### Healthy Weight & Physical Activity in Walsall

- 24% of Reception children are overweight or obese
- 40% of Year 6 children are overweight or obese
- 70% of adults are overweight or obese
- 50% of adults are physically inactive



www.walsall.gov.uk

## Healthy Weight T & F Group

- Initial meeting
- Cllr Arif, Cllr Robertson, CCG and Public Health
- Needs Assessment
- 3 areas for development
- Sustainable travel/ green spaces
- Schools
- > Workplace



#### **Sustainable Travel/ Green Spaces**

- Health Impact Assessment
- Focus on healthy weight/ physical activity
- Goscote Lane
  Regeneration Corridor
- Phase 2 of WHG housing development







- Ofsted inspection
- Redesign Healthy Schools Initiative
- Steering group-PID
- Training for teachers



## Workplace

- Exemplar Workplace
- Workplace Wellbeing Charter
- Self Assessment against standards



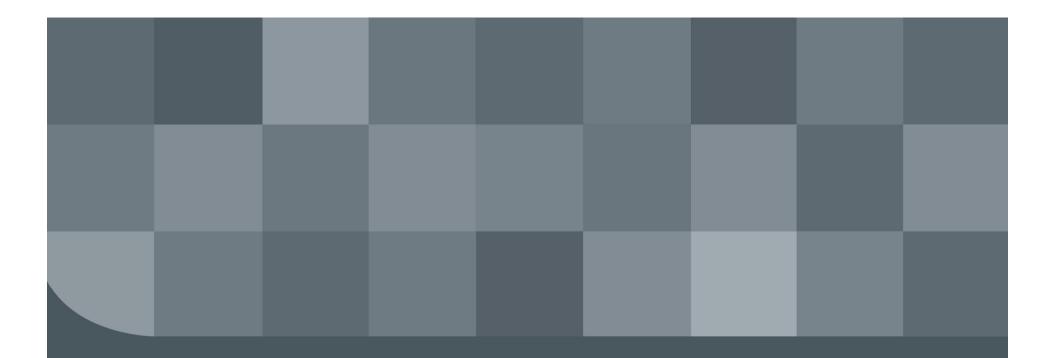
Leadership and Policy Development, Attendance Management, Mental Health, Health and Safety, Physical Activity, Healthy Eating, Drugs and Alcohol.



## **Action Plan**

- Increase healthy weight prevalence and physical activity across the borough.
- Implement Workplace Wellbeing Charter.
- Re-design Healthy Schools Initiative to provide schools with a package of tailored support.
- Joint post with Planning to improve the environment.
- Health Impact Assessment





## Any questions?

